

## **Proactive Release**

The following document has been proactively released by the Department of the Prime Minister and Cabinet (DPMC), and the Child Wellbeing and Poverty Reduction Group (CWPRG) on behalf of

(Hon Jan Tinetti), Minister for Child Poverty Reduction:

## [Proactive Release] Briefings from CWPRG

The following document has been included in this release:

• Draft Child and Youth Wellbeing Strategy Annual Report for 2021/22

Some parts of this information release would not be appropriate to release and, if requested, would be withheld under the Official Information Act 1982 (the Act). Where this is the case, the relevant section of the Act that would apply has been identified. Where information has been withheld, no public interest has been identified that would outweigh the reasons for withholding it.

## Key to redaction codes:

• S9(2)(a) protect the privacy of natural persons, including that of deceased natural persons



## Coversheet Briefing: Draft Child and Youth Wellbeing Strategy Annual Report for 2021/22

	•			
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Hon Jan Tinett Minister for C	i hild Poverty Reduction		provide feedback	28/02/23
Name	Position	Telephone	<b>_</b>	1 <sup>st</sup> Contact
Hannah Kerr	Director Child Wellbeing and Poverty Reduction Group	s9(2)(a)		<b>~</b>
Laura Ross	Senior Analyst	s9(2)(a)		
Minister's O	ffice			''
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Comment for	agency			
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# Briefing

## DRAFT CHILD AND YOUTH WELLBEING STRATEGY ANNUAL REPORT FOR 2021/22

To: Hon Jan Tinetti, Minister for Child Poverty Reduction				
Date	24/02/2023	Security Level		

## Purpose

1. This briefing provides a copy of the draft 2021/22 Annual Report for the Child and Youth Wellbeing Strategy (the Strategy) for your review and feedback.

## **Executive Summary**

- 2. You are required to deliver an annual report on achievement of the Strategy's outcomes in the 2021/22 financial year, by 31 March 2023.
- 3. We have prepared a draft following the format and focus agreed with the former responsible Minister for the Strategy. We are seeking your input as to any requirements you may have for this, your first annual report as the responsible Minister for the Strategy.
- 4. Following your feedback, and subsequent agency consultation, you will receive a final draft of the 2021/22 Annual Report on 24 March. You must consult children's Ministers on this draft by 31 March 2023 and must present the 2021/22 Annual Report to the House of Representatives and publish it online in early April 2023.

## Recommendations

We recommend you:

- a) note that you have a statutory obligation to report on the wellbeing of children and young people and of tamariki and rangatahi Māori and to report on the progress government is making to support the wellbeing outcomes sought in the Strategy
- b) indicate whether you would like to meet with officials to discuss your requirements for the 2021/22 Annual Report or your feedback on the attached draft



I have provided feedback through advisor.

Briefing: Draft Child and Youth Wellbeing Strategy Annual Report for 2021/22

DPMC-2022/23-957



c) **agree** to proactively release this report, subject to any appropriate withholding of information that would be justified under the Official Information Act 1982.



Clare Ward Executive Director, Child Wellbeing	Hon. Jan Tinetti Minister for Child Poverty Reduction
and Poverty Reduction 23 February 2023	07 03 2023

Briefing: Draft Child and Youth Wellbeing Strategy Annual Report for 2021/22

IN CONFIDENCE

DPMC-2022/23-957

## Background

- 5. The Children's Act 2014 (Part 1, 7B) requires you, as the responsible Minister for the Strategy, to publish an annual report on progress in achieving the Strategy's outcomes, within nine months of the completion of the financial year. This must include analysis of outcomes for tamariki and rangatahi Māori, and for any other 'identified populations' as directed by the responsible Minister.
- You are required to consult children's Ministers on a draft of the report by 31 March 2023, and to present it to the House and publish it as soon as reasonably practicable following this.
- 7. The first statutory Child and Youth Wellbeing Strategy Annual Report, for the 2020/21 financial year, was published in April 2022.

## The annual report is an opportunity to highlight the experiences of children and young people, and demonstrate government progress towards improving their wellbeing

- The attached 2021/22 Annual Report provides data and analysis on the state of wellbeing across the Strategy's six outcome areas for all children and young people, for tamariki and rangatahi Māori, and for four further identified populations (see pa agraph 13 below).
- The 2021/22 Annual Report also presents a summary of the key programmes and actions the government is delivering to support child and youth wellbeing their progress over 2021/22 and next steps towards delivering on the Strategy outcomes

# The annual report has some fixed requirements, but also has some flexibility in content and design

10. The annual report must meet statutory deadlines:

- You must prepare an annual report by 31 March.
- You must consult children's Ministers on a draft of the annual report prior to finalising it.
- The annual report must be presented to the House of Representatives and published online as soon as reasonably practicable interpreted as early April.

11. The annual report must:

- report on ach evement of the wellbeing outcomes sought by the Strategy
- analyse wellbeing outcomes for identified populations, these being;
  - tamarik and rangatahi Māori
  - any additional population groups identified by the responsible Minister where analysis may help achieve outcomes sought by the Strategy, and where data permits robust analysis
- 12 The choice of additional identified populations, and the layout and style of the annual report is at your discretion.

### Identified populations

- 13. As directed by the previous responsible Minister, the 2021/22 Annual Report examines the wellbeing of the following identified populations:
  - tamariki and rangatahi Māori

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- Pacific children and young people
- children and young people from ethnic communities
- children and young people who identify as belonging to rainbow communities (LGBTQIA+)
- disabled children and young people.
- 14. We have developed population content in consultation with population agencies, and used prior research and engagement with children and young people from these groups.
- 15. It is at your discretion to add or remove identified populations to the 2021/22 Annual Report analysis. We have received strong support from population agencies for the inclusion of the existing identified populations through the drafting process to date.

### Content and style

- 16. Responding to the findings of the 2022 Strategy Review, the previous responsible Minister also directed us to:
  - better use the voices and insights from children and young people, their whānau and communities, and the agencies and groups that represent them
  - report in more depth on a small number of key government ctions that are expected to have the greatest positive impacts on child and youth wellbeing contrasting last year's Annual Report approach of short updates across a wide breadth of activities
  - present information simply and visually where possible to help make the report accessible to a wide range of audiences
  - engage selected external stakeholders on the 2021/22 Annual Report prior to publication.
- 17. You may wish to provide additional direction as to your content and style preferences. We have capacity to accommodate some change for this upcoming report and can make more substantive changes in future annual reports.

# The annual report presents the latest data on the Strategy's Child and Youth Wellbeing Indicators

- 18. The Strategy established 36 Child and Youth Wellbeing Indicators (the Indicators) across the Strategy's six outcome areas, with around 50 corresponding measures (some Indicators have several measures). Data is sourced from 16 collections spanning seven agencies.
- 19. Each individual m asure has strengths and limitations, but taken as a whole, the Indicators provide a broad understanding of areas of good wellbeing, areas where children and young people might require additional support and insight into disparities in wellbeing outcomes between groups of children and young people. Regularly monitoring the Indicators enables tracking of changes in wellbeing outcomes over time.
- 20 The body of the 2021/22 Annual Report presents the overall percentage, rate or number for the total population, for tamariki & rangatahi Māori, and where available for Pacific children and young people. The appendix provides all available demographic breakdowns. Where available, comparison is made to prior years.
- 21. While most data pertains to the 2021/22 financial year, not all sources are updated annually. The 2021/22 Annual Report presents the latest available data for each measure.

#### IN CONFIDENCE

### Notes on 2021/22 data

- 22. At this stage in the drafting process, we are still awaiting several data sources, most notably the 2021/22 Household Economic Survey. We anticipate receiving all outstanding data by 23 March, in time for Ministerial consultation and publication. There is no statutory repercussion to not reporting against an Indicator.
- 23. Much of the data for the Indicators are drawn from national surveys. Across many surveys, achieving sufficient sample sizes has become increasingly challenging over time, including but not limited to the impact of the COVID-19 pandemic. Statistics in the 2021/22 Annual Report are therefore often based on smaller than usual sample sizes, impacting on precision and certainty. As such, caution is required for making year on year comparisons, or population group comparisons despite large percentage changes, few measures reach the threshold of statistical significance, particularly among smaller population groups.
- 24. Additional data sources and research findings are discussed in the insights section to provide further context or comparisons over a longer period.

# The annual report is an opportunity for you to outline your priorities for the child and youth wellbeing portfolio

- 25. The Strategy is broad and holistic in nature, but can be used to focus attention on what matters most for the wellbeing of children and young people. The annual report is an opportunity to tell a cohesive story about where the collective focus needs to be placed to best protect and enhance child and youth wellbeing.
- 26. Engagement with children and young people, and insights from wellbeing data suggest that youth mental wellbeing, social cohesion and youth representation are currently the core issues impacting the wellbeing of children and young people. Financial stress and uncertainty about their future also have broad impacts on children and young people across wellbeing domains.
- 27. These findings link closely with three of the four policy priorities identified through the 2022 Strategy Review (reducing child poverty and the impacts of socio-economic disadvantage; reducing racism, discrimination and stigma; and enhancing mental wellbeing), confirming these as areas of high importance for collective action.
- 28. We invite you to provide feedback on the draft 2021/22 Annual Report. Officials are available to meet with you to discuss how we might meet your needs within the bounds of statutory reporting requirements and timelines.
- 29. We also invite you to set the direction for your Minister's foreword which we will draft in partnership with your office.

## Treaty of Wa tangi considerations and te ao Māori perspectives

- 30 The Strategy's principles recognise special status of Māori as tangata whenua and the responsibilities the Crown carries to give effect to te Tiriti o Waitangi. The 2021/22 Annual Report seeks to uphold these responsibilities by discussing the wellbeing of tamariki and rangatahi Māori compared to non-Māori throughout the report, including describing both the strengths of whānau Māori that protect wellbeing, but also the inequities in wellbeing outcomes experienced by whānau Māori and recognising the impact of colonisation, discrimination and systemic racism on the creation and perpetuation of these inequities.
- 31. We have worked with Te Puni Kōkiri to develop our reporting with a te ao Māori lens. We recognise there is further work to do to develop Indicators that reflect te ao Māori concepts of

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DPMC: 4709315



whānau wellbeing. This will be a focus of our measurement, monitoring and reporting work programme over the course of 2023.

## Next steps

- 32. Following your input on the draft 2021/22 Annual Report, we will consult agencies and undertake data assurance checks.
- 33. We will provide you with the final draft 2021/22 Annual Report on 24 March 2023 following the release of the Household Economic Survey.

Attachments:	Title	Security classification
Attachment A:	Draft Annual Report for the Child and Youth Wellbeing Strategy 2021/22	
20		

CONFIDENCE

Attachment A: Draft Annual Report for the Child and Youth Wellbeing Strategy 2021/22

Briefing: Draft Child and Youth Wellbeing Strategy Annual Report for 2021/22

DPMC-2022/23-957

DPMC: 4709315



Child and Youth Wellbeing Strategy

ANNUAL REPORT for the year ending 30 JUNE 2022

New Zealand Government

APRIL 2023

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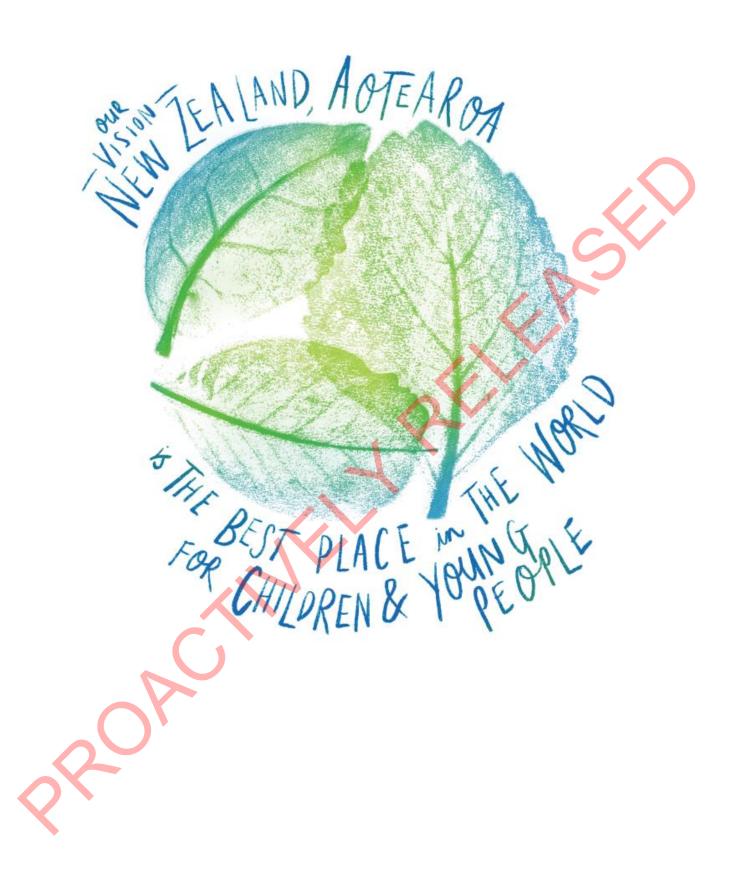
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# INTRODUCTION AND CONTEXT

The Government launched the <u>Child and Youth</u> <u>Wellbeing Strategy</u> (the Strategy) in August 2019.

## The vision

The Strategy has a bold vision that:

## New Zealand, Aotearoa is the best place in the world for children and young people

The Strategy sets out a shared understanding of what children and young people need and want for their wellbeing, what Government has committed to do, and how others can help.

## The wellbeing outcomes

The Strategy sets out six high-level and interconnected wellbeing outcomes for all children and young people.

The outcomes reflect what children and young people said was important to them and signpost the social, economic and environmental conditions needed for child and youth wellbeing. The six outcomes are:

- Children and young people are loved, safe and nurtured – this includes loving homes free from violence, having time with family and whānau and being safe and secure from harm and accidents.
- Children and young people have what they need - this includes income and resources, as well as other important aspects of material wellbeing such as access to nutritious food and quality housing.
  - Children and young people are happy and healthy – this includes physical and mental health, spaces and opportunities to play and healthy environments.
- Children and young people are learning and developing – this includes education to build knowledge, skills and capabilities and encouragement to achieve their potential and navigate life's transitions.

- Children and young people are accepted, respected and connected – this includes feeling a sense of belonging, living free from racism and discrimination, having good relationships and being connected to identity.
- Children and young people are involved and empowered – this includes support to contribute, be listened to, care for others, make healthy choices and develop autonomy.

## The guiding principles

Nine principles have been established to guide the development and ongoing implementation of the Strategy.

These principles reflect the values that are important to New Zealanders, and the requirements of the Children's Act 2014, New Zealand's constitutional arrangements, in particular Te Tiriti o Waitangi, and international commitments.

The principles are:

- Children and young people are taonga.
- Māori are tangata whenua and the Māori-Crown Relationship is foundational.
- Children and young people's rights need to be respected and upheld.
- All children and young people deserve to live a good life.
- Wellbeing needs holistic and comprehensive approaches.
- Children and young people's wellbeing is interwoven with family and whānau wellbeing.
- Change requires action by all of us.
- Actions must deliver better life outcomes.
- Early support is needed.

## The child and youth wellbeing indicators

The Strategy sets out 36 indicators that help us measure progress towards achieving each of the six wellbeing outcomes for children and young people.

Not all data is available annually; where there is no annual update, data for the most recent period are presented here.

## The Programme of Action

The Programme of Action sets out the policies, initiatives, programmes and plans underway across government that contribute to the achievement of the Strategy's vision and outcomes.

The Programme of Action includes a broad range of activity at different levels and stages of implementation. Each action in the programme aligns with at least one wellbeing outcome and may contribute to others.

It is intended to be a living document that is updated as existing actions are completed and new actions are developed.

The latest Programme of Action can be found here: <u>childyouthwellbeing.govt.nz/actions</u>

### Purpose of this report

The Children's Act 2014 requires an annual report on the Government's progress towards achieving the Strategy's six outcomes. Reporting on the outcomes will, over time, demonstrate the impact of the Strategy and government work to support child and youth wellbeing.

This report covers the progress between July 2021 and June 2022. For details on the collection and presentation of data, please refer to the Notes on this Report on page 64.

For each outcome area, this report focuses on a major programme of work that is driving positive change for children, young people and their whānau.

Information on the wider programme of work and progress in delivering this in the 2022 year is available through the Strategy's annual implementation monitoring report.

For the full Strategy, current programme of action and implementation monitoring reports, go to <u>childyouthwellbeing.govt.nz</u>



## 2021/22 year at a glance



195,000 children eligible for school-based mental wellbeing support through Mana Ake across seven regions



## 220,000

students in 960 schools receive free and healthy lunches daily through Ka Ora, ka Ako



more public housing occupied homes and 1,088 more transitional housing places delivered\*\*



7,711

young people surveyed through the first youth health and wellbeing survey



tbc

children lifted out of poverty (AHC since 2017/2018) Ś

\$610m

investment in child wellbeing in B21



5,091 rangatahi

supported into work through mana in Mahi



800 schools and kura

participating in Healthy Active Larning wellbeing initiative



15,000

young people supported to stay connecting with education and study through \$20m Hardship Fund for learners

\*\*footnotes to come

# CHILD AND YOUTH WELLBEING IN 2021/22

# New Zealand's children and young people

As at 30 June 2022, there were an estimated 1.6 million children and young people aged under 25 years resident in New Zealand, making up around 31% of the total population.<sup>1</sup>

New Zealand's children and young people are ethnically and culturally diverse. Among children and young people aged under 25 years, 67% are European, 26% are Māori, 17% are Pasifika, 14% are Asian and 2% belong to other ethnic groups including Middle Eastern, Latin American and African.<sup>2</sup> 17% of children and young people under 25 were born overseas.<sup>3</sup> According to the Household Economic Survey, an estimated 11% of children and young people identify as belonging to the disabled community.<sup>4</sup> An estimated 8% of young people aged 18–24 years identified as LGBT+ compared to around 4% of the population aged 25 years and over.<sup>5</sup>

# Overview – Child and youth wellbeing indicators 2021/22

## Loved, safe and nurtured

Most children and young people felt loved, safe and that their families were doing well. Some measures related to intentional harm are tracking downwards, although unintentional injury remains a leading cause of harm to children and young people. Injury rates, mortality rates and rates of engagement with Oranga Tamariki continue to be much higher among tamariki and rangatahi Māori compared to non-Māori.

Although COVID-19 lockdowns in 2021/22 were undoubtedly a stressful time for children, young people and whānau, most families maintained good wellbeing. Children and young talked about enjoying getting to spend more time with family.

"A big highlight was doing workouts with my dad and sister almost everyday, also going on long walks with my whole family in the weekend was a big highlight and I enjoyed it a lot because we're all growing up now and don't always get to spend quality time together doing something we all like to do." – female, aged 17 years<sup>6</sup>

In 2021/22:

- 90% of young people aged 12-18 years felt loved by the people who look after or care for them.
- 81% of young people aged 18-24 years rated their family as doing well.
- There was a 20% decrease in the last year in the number of children aged 0-17 years with a notification to Oranga Tamariki who were referred for further assessment or investigation, and a 65% decrease over the last decade.
- 13% of young people aged 12-18 years had experienced or witnessed family violence at home.

## Have what they need

Most children and young people had a good standard of material wellbeing. Food insecurity has statistically significantly decreased since 2019/20. Child poverty rates continue to trend downwards.

Tamariki and rangatahi Māori continue to experience disparity in poverty rates and inequitable poverty-related wellbeing outcomes including higher rates of potentially avoidable hospitalisations and lower rates of regular school attendance.

Although fewer children and young people now experience material hardship, the impact of poverty on the children and young people who do experience it is substantial. Children and young people worry about family finances and are impacted heavily by the stress and missed opportunities that material hardship creates.

"My dad cannot find work...we are struggling to pay rent, utility bills, rumours are that the landlord will sell the property so I'm stressed that we will have another place to live or end up on the streets as Auckland rental prices are too steep and only mum is working...Sometimes I cannot concentrate on my school work thinking about these things and makes me really sad, lonely ,heartbroken and hard to focus on the good things in life." – Asian male, aged 13–15 years, Auckland<sup>7</sup>

#### In 2021/22:

- 13% of children aged 0-17 years lived in households where food runs out sometimes or often, compared with 15% the previous year and 20% in 2019/20.
- xx% of children aged 0-17 years experienced material hardship, down from 13.3% four years earlier.
- xx% of children aged 0-17 years lived in low-income households (after housing costs), down from 23% four years earlier.

### Happy and healthy

Most children and young people reported being in good health. Rates of potentially avoidable hospitalisations have decreased, however rates of mental distress among young people have sharply increased over the course of the COVID-19 pandemic. The burden of injury, preventable illness and mental distress is inequitably distributed.

Tamariki and rangatahi Māori are more likely to report poor overall health, are more likely to experience psychological distress and are more likely to be admitted to hospital for illnesses and injuries related to poor quality housing and barriers to timely primary health care compared to non-Māori.

Although mental distress rates among young people have been increasing since the early 2010s, the impact of the COVID-19 pandemic on young people correlates with a statistically significant drop in mental wellbeing. COVID-19 disrupted children and young people's school and work routines, changed perceptions of personal safety and the safety of loved ones and reduced access to formal and informal supports. Young people talked about feeling anxious about what the future holds for them:

"Stressed out with uncertainties about the future and major regrets about the past (I tend to catastrophise and doom spiral). Mostly related to uni work and friendship

### problems." – NZ European female, aged 21– 24 years, Lower North Island<sup>8</sup>

#### In 2021/22:

- 91% of young people aged 15-24 years reported their health as good, very good or excellent.
- 24% of young people aged 15-24 years reported experiencing high or very high levels of psychological distress in the past four weeks.
- 12% of young people aged 12-18 years reported attempting suicide in the past 12 months.

## Learning and developing

Attendance at school and early childhood education fell markedly in 2021/22. This is considered part of an overall decreasing attendance trend over the last decade that has been exacerbated by high absence rates due to COVID-19 infection and isolation requirements during the measurement period.<sup>9</sup> Rates of youth participation in employment, education or training continue to be stable over time.

Tamariki and rangatahi Māori were more likely to experience barriers to participation in all types of employment, education and training at all ages. Māori and Pacific children were also more likely to be impacted by the additional COVID-19 lockdowns that occurred in Auckland, which has larger Māori and Pacific population than other regions.

Young people talked about the pressures they feel to achieve at school and in exams, and the impact mental health has on their ability to engage and participate in education.

"... you get to the senior school when all these conversations around your future, your career, what do you want to be and how are you going to get there—they really start to act as a deadline and so it can stress a lot of students out." – High school student <sup>10</sup>

### In 2021/22:

- 97% of children participated in early learning before starting school.<sup>11</sup>
- 40% of students aged 6-16 years attended school regularly (attended 90% of the time), 14% of students aged 6-16 years

were chronically absent (attended less than 70% of the time).

- 79% of school leavers attained the equivalent of NCEA Level 2 or above.<sup>12</sup>
- 88% of young people aged 15-24 years were in employment, education or training.

## Accepted, respected and connected

Most young people felt able to express their identity and had good social support.

Rangatahi Māori were more likely to have support for their cultural identity and feel a sense of belonging to Aotearoa but were also more likely to experience racism, bullying and discrimination than non-Māori.

"Just talking about how important the Māori perspective is – the Pākehā perspective is the default. It is not that one is better than the other – it's just that one has been oppressed." – Rangatahi Māori<sup>13</sup>

In 2021/22:

- 78% of young people aged 12–18 years felt a sense of belonging to Aotearoa as a whole.
- 85% of young people aged 12–18 years had good social support – someone they could turn to in a difficult time.
- 24% of young people aged 18-24 years experienced discrimination.
- 37% of young people aged 12–18 years experienced bullying.

Involved and empowered

Children and young people contributed positively to their communities. Youth offending rates continued a long-term downward trend. Rates of hazardous drinking may also be decreasing among young people. The number of young people vaping continues to increase.

Children and young people talked about needing to be heard on matters that affect them and want good, accessible information to help them participate and make informed choices about their lives.

"It's pretty easy to just go platitudes of, like, we've heard you. And that's so important and yadda yadda yadda, but if nothing changes, it can be a pretty demoralising experience and make you feel like if you don't particularly wanna use your voice because you're just feeling all this time and talking into a system isn't listening." - Care experienced young person, aged 21–25 years<sup>14</sup>

In 2021/22:

- 39% of young people aged 18-24 years reported having trust in parliament.
- Offending rates dropped by xx% across all young people aged 10-17 years, xx% among Māori young people aged 10-17 years and xx% among Pacific young people aged 10-17 years.
- 24% of young people aged 15-24 years reported hazardous drinking, 6% reported smoking daily, 19% reported using ecigarettes daily and 8% used cannabis at least weekly.



The Youth Health and Wellbeing Survey, 'What About Me?' surveyed 7,209 of Aotearoa New Zealand's Year 9 to 13 young people in school settings between June and November 2021. Thousands of these young people shared, in their own words, what would make a good life for them, now and in the future. The importance of whānau, friends and partners, and young people's aspirations and hopes for the future were the most common themes that emerged.

## Voices of children and young people

Government data, including qualitative surveys, provides a broad understanding of many aspects of wellbeing. However, is lacks the richness and nuance that comes from the hearing the lived experiences of children and young people themselves.

Quotes and findings in this section, and throughout the document, are sourced from recent engagements undertaken by government agencies and non-government partners with children and young people directly. We thank all the children, young people and whānau that shared their experiences, perspectives and time. We acknowledge your contribution and are working to address the issues you're facing.

Some key themes emerged from a range of engagements with children and young people across the motu in 2021/22. Many of these confirmed findings from the previous two years; COVID-19 continued to have a widereaching impact on the lives and trajectories of young people, mental wellbeing remains a top concern and young people seek authentic engagement from decisionmakers. Young people told us the cost of living, poverty and hardship remains a major barrier to their wellbeing.

### Mental wellbeing

- Children and young people told us that mental wellbeing is the single biggest issue facing their generation.<sup>15</sup>
- Children and young people told us that their mental wellbeing could not be separated from physical and spiritual wellbeing and having strong relationships and connections. Their mental wellbeing was wrapped up in a sense of purpose, identity and connection to their culture and place. Children and young people told us they want to be connected to their whenua, know their whakapapa and learn their languages. Children and young people told us that to be mentally well, the places they are in need to be safe and supportive.<sup>16</sup>

"Knowing who you are and where you came from is important to help you feel happy, healthy and confident." – Rangatahi Māori<sup>17</sup> Children and young people told us they need to have their basic needs met, and their homes to be free from violence, drugs and alcohol abuse. They told us they want accessible, affordable and appropriate mental health supports and for these to be more readily available in the spaces children and young people are in. Some children and young people were deeply concerned about long wait times and about their friends being turned away when in need of help.<sup>18</sup>

"[A good life would be] Easier access to mental or physical healthcare without a four month wait list."19

"[A good life would be] Having better access to cheap healthcare. Especially for single parent families. As a child I feel like a burden asking to go to the doctors or dentist when it costs so much."20

# Poverty, money worries and financial hardship

Children and young people told us that they worry about money and how their whānau will get by. They shared stories about whānau hardship, food insecurity, being stressed about money and embarrassed when their family couldn't afford basic needs. Children and young people told us they need the basics sorted to participate fully.

"My parents and family are stressed because of everything they have to pay for and things just get harder. I don't want to be extra stress"<sup>21</sup>

 Children and young people told us they just want to be kids. They want space to have fun and hold fewer responsibilities, but their context means they have had to grow up fast.

"I'm 16 and working four jobs just to help my family get by... it's like I became an adult too early." <sup>22</sup>

### Racism, discrimination

 Children and young people told us they want to be accepted for who they are, supported in their identity, respected, listened to and believed in. They want the important adults in their lives to help them build confidence, self-esteem and selfworth.<sup>23</sup>

- Children and young people told us that racism a growing concern – 37% identified racism as an issue for them compared to 23% in 2014.<sup>24</sup>
- More than half of learners reported seeing racist bullying and one in five had been bullied because of their ethnic identity or culture. Young people told us about the need to better identify and address racism in schools. Young people told us that schools don't always take racist bullying seriously. Half of learners from ethnic communities told us that teachers said their name wrong in the last month.<sup>25</sup>

#### Youth representation

• Children and young people told us that they want their voices heard in the decisions that impact them and their

future. They want to reach solutions together.<sup>26</sup>

"I believe the Government should meaningfully co-design the solutions with young people and work with youth in partnership."27

 Children and young people told us that government needs to change how it works with and for them. Children and young people want to be heard, but the process can be challenging. They told us that it is hard to participate when meetings are held in the middle of the day, when government documents are long and when language is not accessible. They told us that they don't really get to hear about how their voice is used.<sup>28</sup>

"we tell adults stuff like this all the time and nothing happens or changes"<sup>29</sup>

"Often get shut down straight away and it feels stink that I don't even get the chance to be heard. Don't get the opportunity to say what I feel, and this is also how my friends feel" – Rangatahi Māori<sup>30</sup>

## Impacts of COVID-19 on child and youth wellbeing

The COVID-19 pandemic and response continues to have wide-ranging impacts on children and young people. In 2021/22, community transmission of the Delta and Omicron variants significantly affected the lives and wellbeing of children and young people, their whānau and their communities through continued disruption of education, social connection and formal supports, as well as the direct impacts of COVID-19 infection.

Although COVID-19 cases in children and young people are usually mild, as at February 2023 there had been 3,810 hospitalisations – 55 requiring ICU care – and 5 deaths among children and young people aged under 20 years due to COVID-19.<sup>31</sup>

August 2021 saw the last COVID-19 Alert Level 4 lockdown in New Zealand. When the lockdown was announced, Youthline reported a 300% increase in texts received from young people looking for support.<sup>32</sup> Children and young people experienced many of the same. issues they did in the 2020 lockdowns. Feelings of anxiety, stress and isolation were common themes but reconnecting with family, seeing positive environmental impacts and learning new skills were equally as common<sup>33</sup>

"Going for walks with my Dad. I felt happy because we could walk and talk. It was fun because we got to spend more time together." Male, aged 11 years<sup>34</sup>

Mental wellbeing among children and young people further declined in 2021/22. Nearly one in four (24%) young people aged 15–24 years experienced high overy high levels of psychological ditress in 2021/22, up from 5% in 2011 12. While not the sole cause, the COVID-19 pandemic appears to have significantly exacerbated mental distress. Some young people talked about their experiences of isolation from friends and wider family, financial stresses, less access to help and worries about their own and their family's health.<sup>35</sup>

"Feeling of uncertainty, panicking about the future, anxious about catching the virus, compulsive behaviours as a defence mechanism, depression hits at times, insomnia, nightmares."<sup>36</sup> School attendance, while showing an overall decreasing trend since 2015, was further impacted by the COVID-19 pandemic. Regular school attendance dropped to 40% of all students aged 6-16 years in term 2 of 2022, a further decrease from 46% in term 1 2022. Chronic absence reached 14% in term 2 2022, up from 8% in term 2 of 2021.<sup>37</sup>

These decreases are partly due to a rapid increase in COVID-19 cases in Term 2 and increased medical absences, which sh wed that students and their parents were fol owing public health messaging advising people to stay home if they were sick or a COVID-19 contact.<sup>38</sup> Two-thirds of parents identified health (including COVID-19 and related anxieties) as a reason for keeping their children home fr m school.<sup>39</sup>

Despite the COVID-19 pandemic affecting the econom c situations of many families, some chi d poverty measures showed signs of improvement. In 2021/22, 13% of children lived in households where food runs out sometimes or often, compared with 15% the previous year and 20% in 2019/20. Child poverty rates have remained steady or have improved slightly, in contrast to predictions and international experiences.

The COVID-19 pandemic has had far-reaching impacts on children and young people's wellbeing. The full, long-term impacts won't be known for some time.

The 2021/22 year saw the Government introduce more initiatives to help combat the impacts of COVID-19 on children and young people's wellbeing including:

- a \$350 cost of living payment for low and middle income New Zealanders, which was paid over 3 instalments and helped reduced the impact of inflation pressures
- changes to the <u>Families Package</u>, which included a 2021 Budget increase of the weekly main benefit rates by \$32 to \$55 per adult
- the <u>Attendance and Engagement Strategy</u> to increase attendance and engagement in education for ākonga and their whānau

- <u>two new mental health resources</u> launched to support wellbeing, and the teaching and learning of mental health education in schools and kura
- funding <u>increased access to youth</u> <u>development services</u> for up to an additional 6,800 young people
- expanded funding for the <u>Piki pilot</u> <u>programme</u> which provides free integrated primary mental health and addiction support for young people aged 18-25 years in the Greater Wellington area.

## A good life for all

While the majority of children and young people are doing well and have what they need to play, learn and grow, long-term disparities remain between groups across many areas.

In 2021/22:

- Ākonga Māori aged 6-16 years were twice as likely to be chronically absent from school compared to non-Māori students.
- Pacific children aged 0-18 years were four times more likely to experience household food insecurity than non-Pacific children.
- Young people aged 12–18 years and identifying as belonging to rainbow communities were three times as likely to have made a suicide attempt than nonrainbow young people.
- Young disabled people aged 12–18 years were three times as likely to experience mental distress than young people who were not disabled.
- Young women aged 12–18 years were four times more likely to experience unwanted sexual contact than young men.<sup>40</sup>
- Young men aged 15-24 years were twice as likely to have lost their life to suicide than young women.

Disparities in outcomes are created and maintained by our systems and structures, for example through racism and discrimination and unequal distribution of resources. The differences in outcomes signal that some populations are underserved by our systems and more must be done to support equitable outcomes.

The next sections of this report profile the wellbeing of specific population groups and the range of actions the government is leading to support equitable outcomes for these priority groups.

These sections were prepared with support from Te Puni Kōkiri, Ministry for Pacific

Peoples, Ministry for Ethnic Communities, Whaikaha – Ministry of Disabled People and the Ministry for Youth Development to reflect what is known to be important to these groups of children and young people, and the families and communities around them.

## Identity & intersectionality

Identity is intersectional and self-defined. We acknowledge that children and young people have many aspects to their identity and that these can be fluid over time. Each aspect of a child or young person's identity shapes how the world treats them, how others see them, and how they see themselves. Many aspects of identity affect how children and young people belong and connect, life experiences, the opportunities afforded to them and challenges they face.

Youth19 Survey research highlights the compounding impact of the interconnection of culture, circumstance and different identities, and how this intersectionality impacts the way in which minorities are perceived, treated, and often disadvantaged.<sup>41</sup>

We recognise that categorising all people by one aspect of their identity does not reflect the heterogeneity and plurality of identity.

"I actually kind of love it. For instance, being Māori and queer, my queerness for me is a form of my Māori-ness... that is like decolonisation for me; that is the way for me to tap back into my tīpuna. Because it was super accepted and normalised in precolonisation to the extent that we did not have a word for it." – Rangatahi Māori, rainbow with a disability or chronic condition<sup>42</sup>

We have limited quantitative and qualitative data about the wellbeing profile of intersectional groups of young people; this is provided where available, but there is a need for more research and lived experiences to inform the work of government in supporting wellbeing for these groups.

## Wellbeing of tamariki and rangatahi Māori

## Who are tamariki and rangatahi Māori in 2021/22?

Around 23% of children and young people in New Zealand identify as Māori. The median age of Māori in New Zealand is 26 years compared to a median age of 37 years for the total New Zealand population, meaning almost half of all Māori are children and young people. According to census data, most Māori children and young people are affiliated with one iwi, but around 38% are affiliated with multiple iwi. Māori are projected to make up an increasing ethnic share of the New Zealand population with tamariki Māori aged 0-14 projected to make up one third of all children aged 0-14 years by 2043.43 Many tamariki and rangatahi Māori will also identify with other ethnic, social and cultural identities.

# What protected and enhanced the wellbeing of tamariki and rangatahi Māori in 2021/22?

Whānau wellbeing, connection to whenua, whakapapa, and status as tangata whenua are central to the wellbeing of rangatahi and tamariki. Rangatahi Māori tell us about their strong sense of belonging and support for cultural identity and social support. Tamariki and rangatahi Māori are connected to their reo.

## Quote to com<mark>e</mark>

In 2021/22:

- 86% of rangatahi Māori aged 12-18 years had someone they could ask about their whakapapa (70% among non-Māori aged 12-18 years).
- 83% of rangatahi Māori aged 12-18 years felt a sense of belonging to Aotearoa (76% among non-Māori aged 12-18 years).
  - 11% of ākonga Māori were taught in Māori Medium education.44 i
- 33% of rangatahi Māori can have an everyday conversation in te reo Māori.

## What were the barriers to wellbeing for tamariki and rangatahi Māori in 2021/22?

Disparities in wellbeing outcomes for tamariki and rangatahi Māori compared to other ethnic groups exist throughout the child and youth wellbeing indicators. Many of these disparities reflect the long-term impacts of colonisation as well as racism, discrimination and intergenerational disadvantage. Tamariki and rangatahi Māori who also identify with other systematically disadvantaged groups such as rainbow communities or disability communities experience compounding disadvantage.<sup>45</sup>

Quote to come

In 2021/22:

- x% of tamariki Māori aged 0-18 years lived in households experiencing material hardship, (xx% total population aged 0-18 years).
- 32% of rangatahi Māori aged 12-18 years experienced discrimination (24% among non-Māori young people aged 12-18 years).
- 24% of ākonga Māori aged 6-16 years were chronically absent from school (11% non-Māori students aged 6-16 years).
- 26% of rangatahi aged 15-24 years experienced high levels of psychological distress, wahine Māori particularly (32%) (24% total population 15-24 years).

# Work underway to improve wellbeing of tamariki and rangatahi Māori

Government has a responsibility to meet the needs of tamariki and rangatahi Māori as tangata whenua. The Strategy's principles reflect Māori interests, as tangata whenua, and recognise the Māori-Crown relationship is foundational.

### Quote to come

least 51 percent of the time (Māori Language Immersion Levels 1-2)

<sup>&</sup>lt;sup>i</sup> Māori Medium: Students are taught all or some curriculum subjects in the Māori language for at

Government initiatives that seek to support the unique wellbeing needs and aspirations of tamariki and rangatahi Māori include:

- <u>Maihi Karauna</u>: the Crown's strategy for Māori language revitalisation 2019-2023 identifies tamariki and rangatahi as a key target group critical to meeting the goals of the Maihi Karauna and revitalising te reo Māori
- <u>Ngā Tini Whetū</u>: a whānau-centred early intervention prototype seeking to strengthen families and improve the safety and wellbeing of children
- <u>Paihere te Muka Tāngata</u>: a Whānau Ora based initiative supporting Māori and their whānau engaged in the Corrections system
- whānau-centred facilitation initiative provides locally led, holistic and whānaucentred approaches to family violence and sexual violence harm prevention, targeted at whānau at low to medium risk
- <u>Whai Kainga Whai Oranga</u>: a commitment of \$730 million over four years to accelerate Māori-led housing solutions

- <u>Pae Aronui</u>: an initiative to improve education, training and employment outcomes for rangatahi Māori
- <u>Rangatahi Manawaroa</u>: supports community initiatives delivered in a te ao Māori setting to rangatahi Māori which aim to impart knowledge, experiences, and skills to help rangatahi build resilience, wellbeing and leadership capability
- <u>Taiohi Ararau</u> Passport to Life: supports young Māori on their pathway to training and employment by helping them get essential documents like their driver's licence and IRD number
- strengthening wähine Mäori leadership: Te Puni Kökiri's regional offices are working with Mäori communities and providers in 3-6 localities to support the development of community-led initiatives focussed on wänanga or training initiatives for wähine Mäori that build cultural capability and leadership.

## Wellbeing of Pacific children and young people

# Who are Pacific children and young people in 2021/22?

Pacific peoples represent a culturally and linguistically diverse population made up of more than 16 ethnic groups, including Samoan, Cook Islands Māori, Tongan, Niuean, Tokelauan, Fijian, Kiribati, Tuvalu and other Pacific peoples. Around 13% of children and young people aged 0-17 years in New Zealand identify as Pacific peoples.46 Pacific cultural identities are evolving, and young people increasingly identify with multiple ethnicities as well as a diversity of religion and spirituality, gender, disability, sexuality and family structure.47 The Pacific peoples' population in New Zealand is very young, with a median age of 23 years compared with 37 years for the total New Zealand population.48 This means more than half of all Pacific people living in Aotearoa are children or young people. Pacific peoples are connected by whakapapa with tangata whenua of Aotearoa.

# What protected and enhanced the wellbeing of Pacific children and young people in 2021/22?

Pacific cultural values, language, and identities are central to the wellbeing of Pacific children and young people, and are living, celebrated assets. The wellbeing of children and the wellbeing of families and communities are tightly woven collectives- enhancing child and youth wellbeing means extending support to all parts of Pacific populations. Spirituality is a core component of wellbeing. Pacific young people tell us about the strong relationships they have with their families and the support they feel for their identity and culture. Young people want to be valued and included within Pacific communities, and for those with different intersecting identities to be equally valued.49

"We are strong, thriving, together because of faith. It is one of the foundations that binds us."50

In 2021/22:

 87% of Pacific young people aged 12-18 years had someone they could ask about their culture or ethnic group (71% non-Pacific young people aged 12-18 years).

- 82% of Pacific young people aged 12-18 years felt a sense of belonging to Aotearoa (77% non-Pacific young people aged 12-18 years).
- 70% Pacific young people aged 12–18 years agreed it is easy for them to express their identity (67% non-Pacific young people aged 12–18 years).

## What were the barriers to wellbeing for Pacific children and young people in 2021/22?

There are disparities in wellbeing for Pacific children and young people compared to other ethnic groups, many of these are consequences of material deprivation and poverty. Disparities also reflect the long-term impacts of stereotyping, racism, discrimination and bias, and the lack of cultural capacity and capability of services and systems. Pacific children and young people who also identify with other systematically disadvantaged groups such as rainbow communities or disabled communities experience compounding disadvantage.

"There is no real sense that Government is able to look at situations from the perspectives of those in poverty, for example young people are treated all the same way in the classroom but do not all have the same home life. Many will go home with their assigned homework but may experience violence in the home or live in poverty"51

In 2021/22:

- xx% of Pacific children aged 0-18 years lived in households experiencing material hardship (xx% total population 0-18 years).
- 38% of Pacific children aged 0-14 years lived in households experiencing food insecurity (13% total population 0-14 years).
- 28% of Pacific children aged 6-16 years regularly attended school (40% total population 6-16 years).

- Pacific children experienced the highest rate of potentially avoidable hospitalisations of any population group – 66 per 1000 Pacific children aged 0–14 years compared with 41 per 1000 non– Māori, non–Pacific children).
- Pacific young people aged 12–18 years experienced statistically significantly higher rates of discrimination than their non-Pacific peers (32% compared with 25% of non-Pacific young people).

# Work underway to improve wellbeing of Pacific children and young people

Government is committed to reducing the rates and impacts of child poverty, and to supporting confident, thriving and resilient Pacific young people. Gains have been made in reducing rates of child poverty, potentially avoidable hospitalisations and food insecurity, but inequity persists.

Government initiatives that seek to support the unique wellbeing needs and aspirations of Pacific peoples including children and young people include:

 the <u>All-of-Government Pacific Wellbeing</u> <u>Strategy</u> to lift Pacific wellbeing and aspirations in health, housing, education, business, employment, incomes, leadership, Pacific arts, sports, music, and STEAM career pathways

- the <u>Pacific Education Innovation Fund</u> to respond to local wellbeing and curriculum needs of Pacific learners and families arising from and/or exacerbated by the COVID-19 pandemic
- the <u>Pacific Education Support Fund</u> to broker support for Pacific learners and families to access education
- the <u>Pacific Languages Strategy</u> to take a long-term approach to coordinate our support for Pacific language across government, communities and other key stakeholders
- the <u>Pacific Housing Initiative</u> to lay the foundations and provide the skills required for Pacific peoples to gain improved housing conditions and home ownership
- the <u>Pacific Employment Action Plan</u> to enable Pacific communities' aspirations for collective prosperity and employment, self-employment and business ownership
- Pacific Aotearoa Community Outreach to enable more frequent and responsive engagements between government and Pacific communities to keep Pacific peoples informed and supported during the country's response to COVID-19.

## Wellbeing of children and young people of other ethnic groups

# Who are children and young people of ethnic communities in 2021/22?

Aotearoa New Zealand's ethnic communities include migrants, refugees, long-term settlers and those born in New Zealand who identify their ethnicity as African, Asian, Continental European, Latin-American and Middle Eastern. Ethnic communities make up around a fifth of New Zealand's population, almost a million people. They are an incredibly diverse group, representing over 200 ethnicities, speaking over 170 languages and having 45 distinct religious affiliations.52 Analysis in this section focuses on Asian and Middle Eastern, Latin-American and African (combined as MELAA for analytical purposes), as the two largest ethnic community groups for which robust wellbeing data is available.

Around 16% of children and young people identify with one or more Asian ethnicities (Chinese, Indian, Filipino, Korean, Japanese, Fijian Indian, Sri Lankan, Cambodian and 18 others), making it the third largest ethnic group in New Zealand. By 2043, a projected 27% of children and young people will identify with Asian ethnicities<sup>53</sup>.

Around 2% of children and young people identify with MELAA ethnic groups. By 2043, a projected 4% of children and young people will identify as MELAA.<sup>54</sup>

Although culturally and linguistically diverse, common threads of cultural values, language and identities emerge as central to the wellbeing of children and young people from ethnic communities. While averages are presented here, the experiences and wellbeing of children and young people from ethnic communities varies greatly depending on factors such as socioeconomic status, immigration/refugee status and cultural background.

Children and young people from Asian communities report very different wellbeing profiles compared to children and young people from MELAA communities. As such, this section and the remainder of the report splits the Asian cohort and the MELAA cohort, noting that many children and young people identify with more than one ethnic group.

# What protected and enhanced the wellbeing of children and young people of Asian communities in 2021/22?

Asian children were less likely to live in a household experiencing poverty and material disadvantage compared to other population groups. Asian young people reported better family wellbeing, were more likely to participate and achieve in education than other ethnic groups and experienced better mental wellbeing – although rates of mental distress are high across all population groups.

In 2021/22:

- 5% of Asian children aged 0-14 years experienced food insecurity – around onethird of the rate of non-Asian children.
- 82% of Asian young people aged 12–18
   years rated their family as doing well (72% among non-Asian young people).
- 23% of Asian young people aged 12–18 years experienced psychological distress (29% among non–Asian young people).
- 54% of Asian students aged 6-16 years regularly attended school (40% total population).
- 92% of Asian young people aged 15-24 years participated in education, training or employment (88% total population).

# What were the barriers to wellbeing for children and young people of Asian communities in 2021/22?

Children and young people from Asian communities report experiencing racism and feeling excluded from activities because of their ethnic identity. Asian children and young people also live with the long-term impacts of stereotyping, discrimination and bias, and the lack of cultural capacity and capability of services and systems.

#### In 2021/22:

• Asian young people aged 12-18 years were more likely to report having been treated

unfairly or made to feel different because of their ethnicity (mean score 3.3/10, compared to 2.3/10 overall and 1.8/10 for European young people).

• 27% of Asian young people aged 18-24 years report having experienced discrimination (25% among non-Asian young people aged 12-18 years).

Research undertaken by the Education Review Office with 558 students and 1,250 whānau from ethnic communities emphasised the strength of cultural identity but also the experiences of discrimination and racism that impact wellbeing outcomes within and beyond the education system. Nearly one in five learners reported they frequently feel they do not belong, one in five experienced racist bullying in the last month and a third feel lonely at school. Nearly one in five felt they have to hide their ethnic identity at school or felt excluded from activities because of their ethnic identity.

## What protected and enhanced the wellbeing of children and young people of Middle Eastern, Latin American and African communities in 2021/22?

Connection to family, faith, support for cultural identity and languages are areas of strong wellbeing among MELAA children and young people. As a group, MELAA children are less likely to live in households experiencing material deprivation compared to other population groups.

In 2021/22:

- 69% of MELAA young people aged 12–18 reported having a religion or spiritual beliefs (42% overall).
  - 87% of MELAA young people aged 12–18 years felt loved by the people who look after or care for them.
- 82% of MELAA young people aged 12–18 years had someone they could ask about their culture or ethnic group (73% non-MELAA young people).
- 55% of MELAA young people aged 12–18 could have an everyday conversation in more than one language

 xx% of MELAA children aged 0-17 years lived in households experiencing material hardship (xx% overall, xx% of tamariki Māori and xx% of Pacific children).

## What were the barriers to wellbeing for children and young people of Middle Eastern, Latin American and African communities in 2021/22?

While MELAA is a highly diverse grouping, overall subjective wellbeing measures were lower across many domains. Disparities reflect the long-term impacts of stereotyping, racism, discrimination and bias, and the lack of cultural capacity and capability of services and systems.

In 2021/22:

- 52% of MELAA young people aged 12-18 years felt able to express their identity (67% non-MELAA young people aged 12-18 years)
- 39% of MELAA young people aged 12-18 years reported experiencing discrimination (25% non-MELAA young people aged 12-18 years)
- 44% of MELAA young people aged 12–18 years reported experiencing high levels of mental distress (28% non–MELAA young people aged 12–18 years)
- 64% of MELAA young people aged 12-18 felt hopeful about the future (71% overall).

In the development of the Child and Youth Wellbeing Strategy, children and young people of Middle Eastern, Latin American and African communities told us they want to be free to explore and develop their culture and identity, and have hope for their future.<sup>55</sup>

"A future that allows all children/youth from every ethnic background to have a promising future. As a young Muslim wearing a headscarf (hijab)... If we could find a way to change systematic discrimination, it would be beneficial towards all Muslim women"

## Work underway to improve wellbeing of children and young people of ethnic communities

Government initiatives that seek to support the unique wellbeing needs and aspirations of

ethnic communities including children and young people include:

- developing the <u>National Action Plan</u> <u>against Racism</u> to set concrete steps for the Government to take, and provide guidance for communities, businesses and institutions to support their own solutions to progressively eliminate racism in all forms
- <u>Community Learning Hubs</u> to support ethnic communities' engagement with the education system
- Ethnic Communities Development Fund to support ethnic communities to grow their skills, celebrate their culture and take part in society. The fund is also available for initiatives that support ethnic communities as they deal with the challenges of COVID-19
- Ethnic Communities Digital Inclusion Fund to ensure ethnic communities can use digital technology to take part in Aotearoa New Zealand's society.

## Wellbeing of disabled children and young people

## Who are disabled children and young people?

Consistent with the Social Model of Disability, disability is a product of the interaction between people who have functional impairments and the environment in which they live – which may or may not accommodate their needs – resulting in limited and unequal participation in society. Impairments include sensory, mobility, intellectual, developmental, behavioural, psychological, and learning impairments.

The 2013 Disability Survey identified an impairment rate of 11% among children and young people aged 0–14 years. Another way of understanding prevalence is at the family level. The 2021 Household Economic Survey reported that 30% of children are living in households with one or more disabled people.

# What protected and enhanced the wellbeing of disabled children and young people in 2021/22?

Overall, a large proportion of disabled young people report protective factors. In 2021/22:

- 76% of disabled young people aged 12-18 years had someone they could turn to if they were going through a difficult time and needed help
- 81% of disabled young people aged 12-18 years felt loved by the people who look after them.
- 81% of disabled young people agreed they have kind, helpful teachers who care about them.<sup>1</sup>
- Disabled young people aged 12-18 years strongly agreed their friends accepted them for who they are (8.1 out of a 10point scale).

"I love school, it's great and my teachers are great. I love being with the other students. I love being treated the same way as them and given the same opportunities. It is important to me to be included in all aspects, not just being present." – Disabled learner

# What were the barriers to wellbeing for disabled children and young people in 2021/22?

Across wellbeing domains and across relevant domains of the New Zealand Disability Strategy, disabled children and young people experience poorer outcomes compared to their non-disabled peers.

## Education

- Many disabled learners face barriers and are discouraged from enrolling in their local schools or asked to stay home due to limited resources.
- Better outcomes for disabled learners tend to be found more often in low-decile schools, and whānau of disabled learners felt more positive in schools with a high Māori roll.

## Economic security

- 32% of disabled young people were not in employment, education, or training (compared to 10% of those without disabilities).
- 36% of disabled young people face housing deprivation – needing to sleep or live in challenging conditions due to housing costs (compared to 28% among those without disabilities).

### Mental and physical health

- 31% of disabled young people reported they did not get the healthcare they needed in the previous year (compared to 20% of those without disabilities).
- 16% of disabled young people used drugs that can cause a high or trip, excluding cannabis (compared to 9% overall).
- 66% had felt like life was not worth living (compared to 41% overall), and 26% had attempted suicide in the last 12 months (compared with 12% overall). These statistics point to a great need for mental health support among all young people, as well as for disabled young people.

## Safety and belonging

- 25% of disabled young people reported family involvement with Oranga Tamariki (compared with 17% overall).
- 38% of disabled young people experienced interpersonal violence (compared with 19% of non-disabled youth).
- 50% of disabled young people reported experiencing bullying (compared with 37% overall).

## Work underway to improve the wellbeing of disabled children and young people

To improve the wellbeing of disabled children and young people, we have invested in:

- establishing New Zealand's first Ministry of Disabled People – <u>Whaikaha</u>
- updating <u>Autism guidelines</u> to better understand and communicate best practices for supporting autistic people and their families and whānau

- introducing the <u>Accessibility for New</u> <u>Zealanders Bill</u>, to address barriers faced by those with disabilities
- piloting an <u>Employment Service in Schools</u> to support disabled young people to achieve their educational and employment goals
- progressing the implementation of the Enabling Good Lives approach to Disability Support Services across New Zealand
- redeveloping the <u>Disability Survey</u>
- undertaking a <u>Highest Needs Learners</u> <u>Review</u> to ensure that children and young people with the highest needs for learning support achieve their full potential through positive education outcomes
- establishing over 600 Learning Support Coordinator (LSC) roles in schools and kura to support teachers and kaiako get access to the right learning support at the right time.

## Wellbeing of rainbow children and young people

#### Who are rainbow children and young people?

'Rainbow' is used here as an inclusive umbrella term that describes people and communities of diverse sexualities, genders and variations of sex characteristics. It includes those who identify as lesbian, gay, bisexual, transgender, queer, intersex or asexual (LGBTQIA+), as well as Māori and Pacific identities – takatāpui, mahu, vakasalewa, palopa, fa'afafine, akava'ine, fakaleiti (leiti), fakafifine and more.

Estimates of the size of rainbow communities vary. The 2021 Household Economic Survey reports that 8% of young people aged 18–24 years identified as LGBT+.<sup>56</sup> In the 2021 *What About Me?* survey around 20% of young people aged 12–18 years reported diverse sexual identities – around 6% identified as gay or lesbian and 10% as bisexual – and 2.3% of young people reported gender diversity.<sup>57</sup>

# What protected and enhanced the wellbeing of rainbow children and young people in 2021/22?

While the recent *Identify Survey* <sup>58</sup> and *What About Me? Survey* <sup>59</sup> found some concerning challenges to the wellbeing of rainbow young people, with higher rates of distress and material hardship among rainbow young people than non-rainbow young people, they also highlighted the enormous resiliency that rainbow young people demonstrate, for example:

- there is a strong sense of connection to friends, indicating rainbow communities are good at building 'chosen family'
- 97% of secondary school students have come out to someone at school about their identity
  - 80% are really proud of their identity in spite of the challenges they're facing
- 79% feel they are loved by the people who look after or care for them
- 78% have an adult they could turn to if they needed help.

What were the barriers to wellbeing for rainbow children and young people in 2021/22?

The *Identify* and *What About Me*? surveys underscore concerning wellbeing outcomes reported by rainbow young people, including disparities relating to mental health.

In 2021/22:

- 57% of rainbow young people aged 12-18 years reported high or very high levels of psychological distress in the last fourweeks (compared with 21% of the nonrainbow population).
- 55% rainbow young people aged 12–18 years have seriously thought about killing themselves in the last 12 months (compared with 20% of the non-rainbow population), with 26% attempting suicide in the last 12 months (compared with 8% of the non-rainbow population).
- 48% rainbow young people aged 12-18 years experienced bullying in the last 12 months (compared with 35% of the nonrainbow population).
  - 44% rainbow young people aged 12–18 years experienced discrimination in the last 12 months (compared with 21% of the non-rainbow population).
- 37% of rainbow young people aged 12-18 years report that is easy for them to express their identity (compared with 74% of the non-rainbow population)

"I hope in the near future, young rainbow people get the love, respect and support they deserve, both legally and in the community. Acceptance is so, so important." – Asian, 22 years old<sup>60</sup>

## Work underway to improve wellbeing of rainbow children and young people

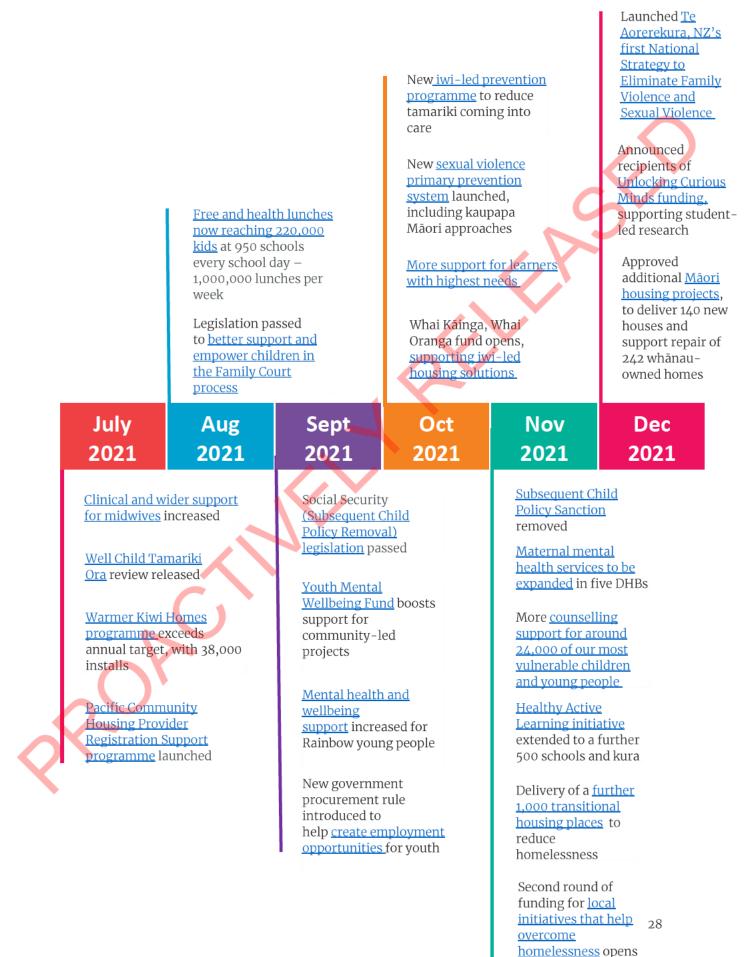
Initiatives that specifically target the rainbow youth population include:

- introducing <u>legislation to protect the</u> <u>rights of our rainbow communities</u> and support open and respectful discussion about sexual orientation, gender identity, and gender expression
- introducing <u>legislation that provides a</u> more accessible and inclusive process for

people to change the sex recorded on their birth certificate

- <u>investing in rainbow mental wellbeing</u> <u>initiatives</u> to support mental health and addiction services, workforce development and additional funding to the Rule Foundation's Rainbow Wellbeing Legacy Fund
- developing a <u>toolkit and a competency</u> <u>programme</u> to enable an effective and safe response to the housing needs of rainbow youth communities
- <u>investing in rainbow-centred violence</u> <u>prevention initiatives</u>, including the development of practice guidelines, healthy relationships and consent resources, and an awareness raising campaign
- <u>funding for new and tailored strategies to</u> <u>disrupt the cycle of homelessness</u> for communities experiencing discrimination and isolation, including the rainbow community.

## 2021/22 Timeline of Activities



Report shows a <u>continuing su</u> drop in the rate offending Report shows <u>F</u> <u>Package is deliv</u> <u>better outcome</u> <u>lifting incomes</u>	e of youth Families Vering s and	Reduced fuel halved public fares as part living packag The 10th You Parliament p gets underwa Increased op for young peo disabilities in recreation the Disability Inc Record numb Pacific young receive STEAT Final content teaching Aote New Zealand' history releas	<u>c transport</u> of a cost of ge <u>th</u> <u>rogramme</u> ay <u>portunities</u> <u>ople with</u> <u>sport and</u> <u>rough</u> <u>lusion Fund</u> . er of <u>people</u> <u>M funding</u> for <u>aroa</u> <u>S</u>	Announced C Living packag impact on ho Boosted fund youth develor services Expanded Ma mental health to reach more and intermed children Increased Der for low-incor from \$300 to Funding to im and communi collaboration Oranga Tamar	ge to ease useholds ing for pment ana Ake h services e primary liate aged ntal Grants me families \$1000
Jan 2022	Feb 2022	March 2022 💊	April 2022	May 2022	June 2022
	Increased men- health and add supports for Auckland's 80, tertiary studer Expanded acce to <u>online parer</u> family support programmes Legislation pas to <u>protect again</u> conversion pra <u>Māori medium</u> <u>Kaupapa Māori</u> <u>pathways</u> programme rev He Poutama Rat funding to supp <u>more rangatahi</u> <u>employment, eco</u> or training	liction sooo its ess nting and sed sed nst ctices and vamped ngatahi port <u>1,000</u> into	Minimum wa increased to s Student allow and living cos increased by s Main benefit rates increase between \$20 \$42 per adult week Launched <u>new</u> resources for on consent, g diversity & in Released first statutory Am Report for the and Youth We Strategy and Child Poverty Indicators Re	S21.20ph rance sts \$25pw ed by and c, per w schools render clusion clusion clusion clusion clusion clusion clusion clusion clusion	Introduced new School Attendance and Engagement Strategy Increase to paid Parental leave entitlements announced Increased support for <u>low-income</u> households to pay local council rates Additional funding to provide gender affirming care to gender diverse people.



#### What this means

This outcome means that children and young people:

- feel loved and supported
- have family, whānau and homes that are loving, safe and nurturing
- are safe from unintentional harm
- are safe from intentional harm (including neglect, and emotional, physical and sexual abuse)
- spend quality time with their parents, family and whānau.

#### Why this is important

All children and young people deserve to live in stable, loving homes free from violence, have quality time with their family and whānau, and be safe and secure from harm and accidents. A stable and quality home environment with love and trust influences a child and young person's wellbeing, learning and development, and their ability to form attachments with others. Lasting and nurturing relationships are critical to many other aspects of wellbeing and the building of resilience and social skills.

This outcome focuses on supporting families and whānau to provide safe, loving and nurturing homes, and preventing children and young people from experiencing abuse or neglect or being exposed to family or sexual violence.

Parents, families and whānau need quality time and the right headspace to develop strong connections with their children. Some children and young people live in families and whānau with toxic stress and complex needs, such as the combined impacts of long-term unemployment, low income, unaddressed physical and mental health needs, parental alcohol and drug addiction, and family violence.

We want to ensure parents have the support and help they need to reduce their stress burden, so they can be the best parent they can be.

#### How it will be measured

We have use six indicators to measure progress in this outcome. These include subjective wellbeing indicators, which draw on children and young people's experiences:

- feeling loved
- family and whānau wellbeing
- quality time with parents
- harm against children
- feeling safe
- serious injuries.

"REALLY JUST PEOPLE WHO REALLY BELIEVE IN YOU IS THE MOST ESSENTIAL THING TO HAVING A GOOD LIFE. AND PEOPLE WHO SUPPORT YOU NO MATTER WHAT."

## SAFE FROM HARM - SPOTLIGHT ON TE AOREREKURA WORKING TOGETHER TO ELIMINATE FAMILY VIOLENCE AND SEXUAL VIOLENCE

Aotearoa New Zealand's high rates of family violence and sexual violence severely undermine the wellbeing of children and young people impacted by violence and their families and whānau. Children and young people experiencing compounding forms of disadvantage and discrimination are disproportionately affected.

<u>Te Aorerekura</u> sets a wellbeing and strengths-based vision for eliminating family violence and sexual violence and sets out what the Government is committing to do and how it will measure and report on progress.

#### Actions in 2021/22

- Te Aorerekura launched in December 2021.
- Integrated community-led responses in five localities.
- Parenting website, Tākai, went live providing information and resources for whānau supporters.
- Online tools and apps went live on areyouok.org.nz.
- Ministerial Tangata Whenua Advisory Group appointed.

#### Next steps 2022/23

- Expanding the regional Community Prevention Infrastructure network.
- Launching the Love Better campaign to promote safe, positive and equal relationships for young people.
- Launching a media campaign to encourage men using violence to seek help.
- Developing a web-based "Change is Possible" platform.

### Shifting towards...

strength- based wellbeing	Ngā Tini Whetū is a whānau- centred, early intervention prototype shown to strengthen families and improve the safety and wellbeing of children.
mobilising communities	Te Ao Auahatanga Hauora Māori funds Māori health providers to scope, design, develop, implement and evaluate innovative initiatives to meet the health needs of whānau.
skilled, culturally competen and susta nable workforces	Ministry of Social Development's National and Regional Practice/System leaders will support government and non- government organisations to improve responses to any person experiencing violence.
in estment in primary prevention	Accident Compensation Corporation has invested funding of \$44.9 million to deliver a fit-for- purpose, enduring sexual violence primary prevention system over the next four years.
safe, accessible and integrated responses	Whāngaia Ngā Pā Harakeke is a multi-agency model that responds to family violence and has been found to reduce the number of children exposed to family violence and reduce family violence revictimisation experienced by tangata whenua.
increased capacity for healing	Paiheretia te Muka Tāngata draws on the strengths of the Whānau Ora approach to support Māori and their whānau who are engaged in the Corrections system.

Indicator	Measure	2019/20	2020/21	2021/22	Change	
Faalinglouad	Percentage of children and young people (aged 12-18 years) who feel they are loved by the people who look after or care for them		-	90%		
Feeling loved	Māori	-		87%	-	
	Pacific			89%		
	Percentage of children and young people (aged 12-18 years) rating their families as doing well			73%		
	Māori	-	-	66%	-	
Family and	Pacific			74%	$\checkmark$	
whānau wellbeing	Percentage of young people (aged 18-24 years) who rate their family as doing well (7-10 in a scale of 0-10)	83%	82%	81%	÷	
	Māori	77%	79%	65%	→	
	Pacific	83%	88%	-	-	
Quality time	Percentage of children and young people (aged 12–18 years) who feel they get to spend enough time with the people who look after or care for them	-		74%	-	
with parents	Māori			66%		
	Pacific	h		71%		
	Number of children and young people (aged o- 17 years) with notifications to Oranga Tamariki who were referred for further assessment or investigation	34,673	35,081	29,298	Ŷ	
	Māori (includes Māori and Māori-Pacific)	18,479	18,435	15,451	$\rightarrow$	
	Pacific (includes Pacific and Maori-Pacific)	5,363	5,486	4,512	$\rightarrow$	
Harm against children	Percentage of children and young people (aged 12-18 years) who have been hit or physically hurt in the last 12 months, or have seen others in the home being hit or physically hurt by adults in the places where they usually live	-	_	13%	_	
	Māori			21%		
	Pacific			19%		
	Percentage of children and young people (aged 12-18 years) who agree they feel safe at home			89%		
Feeling safe	Māori	-	-	85%	-	
	Pacific			87%		
	Number of serious injuries (non-fatal) per 100,000 children and young people (aged 0-24 years) (2019, 2020)	123	113			
Serious	Māori	165	164			
injuries	Number of deaths (all cause) of children and young people (aged 0-24 years) (2018, 2019)	724	774	686	$\downarrow$	
	Māori	246	266	237	$\downarrow$	
	Pacific	81	110	92	$\rightarrow$	

#### Wellbeing in 2021/22: Indicators

\* Identifies annual change is statistically significant

#### Wellbeing in 2021/22: Insights

## Loved, safe and nurtured

In 2021/22, most young people said they had good family wellbeing and felt loved and cared for. There has been a notable decrease in the number of reports of concern requiring further action notified to Oranga Tamariki, and a decrease in the rate of serious injuries and deaths, including injury related deaths.



#### Feeling loved

In 2021/22, nine out of ten students aged 12-18 years told us they felt loved by the people who look after or care for them. There was no variation in the proportion feeling loved by ethnic group. However, fewer disabled students and students who identified as belonging to rainbow communities reported feeling loved compared to their non-disabled and non-rainbow peers.

#### Family and whānau wellbeing

Family wellbeing rated by young people aged 18–24 years remained stable at 81% in 2021/22, compared to previous years. Family wellbeing as rated by rangatahi Māori was much lower at 65%, a decrease of 14 percentage points on 2020/21. Due to a decreased sample size<sup>ii</sup>, survey data on family wellbeing for other demographic groups is not available for 2021. Family wellbeing rated by students aged 12-18 years was lower overall than the 18-24 cohort - 74% compared to 81%. This may be due to differences between the source survey approaches, or due to underlying differences in the cohorts. Among students aged 12-18 years, ākonga Māori, disabled students and rainbow students reported statistically significantly lower family wellbeing than those not in these population groups, and Asian students reported statistically significantly higher ratings for family wellbeing than non-Asian students.

In the 2021/22 New Zealand Health Survey also asked a question on family wellbeing. Among all young people aged 15-24 years, 83% reported good family wellbeing, a similar overall rate to the General Social Survey. There were no statistically significant differences between population groups in this survey.

approximately 8,000-8,500 for a normal 12month collection.

<sup>&</sup>lt;sup>ii</sup> GSS 2021 has a reduced sample size of 3,484 person responses, this compares with

The 2021/22 New Zealand Health Survey reported that 93% of children lived with a parent who felt they had emotional support for parenting.

#### Quality time with parents

In 2021/22, 74% of students aged 12–18 years told us they get to spend enough time with the people who look after or care for them. Rangatahi Māori were somewhat less likely to report this (66%), while disabled students and students who identified as belonging to rainbow communities were much less likely to report this (58% and 57% respectively). These differences are statistically significant compared to non-Māori, non-disabled and non-rainbow students respectively.

#### Harm against children

In 2021/22, 13% of students aged 12–18 years reported having been hit or physically hurt or having seen others in the home being hit or physically hurt by adults in the places where they usually live. Disabled students reported the highest rate of experiencing or witnessing family violence at around one in four (24%). Rangatahi Māori reported almost twice the rate of experiencing or witnessing family violence (21%) compared to non-Māori (11%).

The 2021/22 New Zealand Health Survey reported that 2.4% of children had experienced physical punishment in the last 4 weeks, the same as 2020/21, which maintained the statistically significant decrease from 4.5% in 2019/20.

In 2021/22, 29,298 children and young people aged 0-17 years were referred for further assessment, of a total of 66,364 notifications to Oranga Tamariki. This represents a 20% reduction in both number of notifications and number of children and young people referred for further assessment compared to 2020/21. There has been a continuing a downward trend since a peak of 92,250 notifications in 2017/18. Over half of children and young people referred for further assessment were tamariki and rangatahi Māori (15,451).

<sup>III</sup> Age standardised rate per 100,000 person years at risk

In 2021/22 there were 1037 entries to care, and a total of 4722 children and young people were under the care of Oranga Tamariki. Entries to care have more than halved since 2017/18, with the greatest decrease in entries among tamariki and rangatahi Māori (58% decrease from 1533 in 2017/18 to 649 in 2020/21), and among babies 0–12 months (70% decrease entries from 455 in 2017/18 to 133 in 2021/22).<sup>61</sup>

#### Feeling safe

In 2021/22, nine out of ten students aged 12–18 years told us they felt safe at home (89%) Disabled students and students who identified as belonging to rainbow communities were statistically significantly less likely to report feeling safe at home (77% and 75% respectively – both statistically significant differences).

Considering home, work, community and school settings, young people were statistically significantly less likely to feel safe at their school or kura than these other settings, with disabled students and students who identified as belonging to rainbow communities reporting the lowest mean safety scores.

#### Serious injuries

In 2021 there were 1,914 serious non-fatal injuries among children and young people; a rate of xxx injuries per 100,000 children and young people aged 0-24 years<sup>iii</sup>. Serious injury rates were statistically significantly higher among tamariki and rangatahi Māori (xxx per 100,000). Serious injury is statistically significantly more prevalent in older age groups. This is particularly evident for rangatahi Māori, with serious injury rates xx times higher among Māori aged 18-24 years than Māori aged 0-17 years in 2021.

#### Mortality

In 2020, the most recently available year of data, 686 deaths were reported for children and young people aged 0-24 years. This is a notable decrease since 2019 where 774 deaths were reported. Around one third of deaths were among tamariki and rangatahi Māori (237).

This continues a large inequity in mortality rates for Māori who make up around 23% of the population aged 0-24 years, but 35% of all deaths.



#### What this means

This outcome means that children and young people:

- have a good standard of material wellbeing
- have regular access to nutritious food
- live in stable housing that is affordable, warm and dry
- have parents/caregivers with the skills and support they need to access quality employment.

#### Why this is important

All children and young people deserve to grow up in families and whānau that have the resources they need to thrive. Many families lack the resources to meet their basic material needs and are excluded from a minimum acceptable standard of living. This outcome aligns closely with the Government's focus on reducing child poverty.

The experience of poverty can involve various forms of hardship, such as going hungry, living in cold, damp houses, and foregoing opportunities that many take for granted, like birthday parties or joining a sports team.

Evidence shows that the experience of poverty in childhood, especially when that experience is severe and/or persistent, can have negative lifelong impacts. Children and young people may be more likely, on average, to experience poorer educational outcomes, poorer health, and have more difficulty finding work in adulthood. The harmful effects also impact on society as a whole. This outcome focuses on reducing child poverty by improving the material wellbeing of households in poverty and hardship. This focus has the potential to help break the cycle of disadvantage and intergenerational poverty and improve many other wellbeing outcomes.

#### How it will be measured

We use five indicators to measure progress in this outcome.

- material wellbeing
- child poverty
- food insecurity (CPRI)
- housing quality (CPRI)
- housing affordability (CPRI).

Several of these indicators are either official measures of child poverty in the Child Poverty Reduction Act 2018 or have been formally identified and gazetted as Child Poverty Related Indicators (CPRIs) under the Act. For more detailed analysis of the CPRIs, refer to the <u>2022 CPRI report</u>.

> "A GOOD LIFE TO ME IS HAVING THE SAME OPPORTUNITIES AS EVERYONE ELSE."

# MATERIAL WELLBEING – SPOTLIGHT ON INCOME SUPPORT

The Government is reducing child poverty by improving the material wellbeing of households in poverty and hardship. This focus has the potential to break the cycle of disadvantage and intergenerational poverty and improve many other wellbeing outcomes.

#### Actions in 2021/22

- Minimum Wage increased to \$21.20 from April 2022.
- Expansion and increase of dental grants from \$300 to \$1000.
- Family Tax Credit abatement rate increased from April 2022.
- Best Start payment lifted by \$5 per week from April 2022.

#### Next steps 2022/23

- Childcare assistance thresholds to increase in April 2023.
- Child support pass-on implementation.
- Main benefit rates to be adjusted to wages in April 2023.
- Continued funding for Debt Solutions Services.
- Interest-free microfinance lending from 1 October 2022.
- Family Tax Credit to increase by \$9 a week for eld st child, \$7 a week for subsequent chi dren from April 2023.
- Best Start o lift by \$4 per week from April 2023.



## Improving earnings and employment...

## 26%

increase in Minimum Wage since April 2018 per week increase in Family Tax Credit

S15

## 78,000 parent and

caregivers with children under three receiving Best Start payments

# Creating a fairer and more equitable welfare system...

## \$20

per week inc ease to main benefits in April 2022

#### invested to increase eligibility for hardship assistance

\$56m

2,202

Sustaining Tenancy support service places contracted

## Reducing child poverty...

## \$175 66,500

per week increase to family income as a result of income support changes since 2017 children lifted out of poverty since 2017 (AHC-50) 6,000

fewer children in material hardship since 2017

## FOOD SECURITY - SPOTLIGHT ON KA ORA, KA AKO DELIVERING A MILLION LUNCHES A WEEK

The Ka Ora, Ka Ako | Healthy School Lunches programme aims to reduce food insecurity by providing access to a nutritious lunch in school every day.

Research shows reducing food insecurity supports child development and learning, improves concentration, behaviour and school achievement and reduces financial hardship amongst families and whānau

A major expansion through Budget 2020 enabled the programme to reach 220,000 students in 950 schools by August 2022<sup>62</sup>.

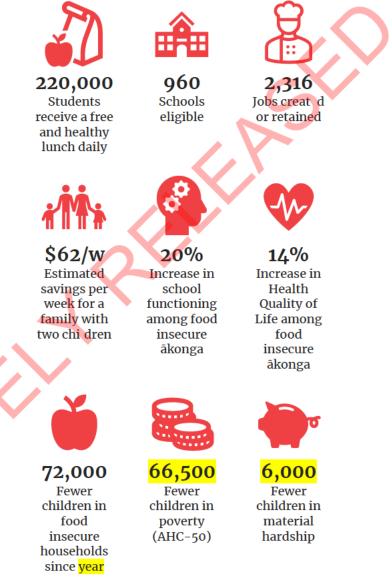
The Our Kind of School Report found having access to kai made ākonga feel accepted, respected and connected. Ākonga spoke about how kai made them feel happy and cared for. Ākonga know that there is food available for them at kura and that the kura can provide kai to whānau after-hours if they need it<sup>63</sup>.

#### Actions in 2021/22

- 170 more schools eligible.
- 27,000 more students reached
- Independent impact evaluation shows positive impaction on health and school functioning.
- Nutrition evaluation completed.
- Over 63 million lunches delivered (August 2022).

#### Next steps 2022/23

- Independent kaupapa Māori impact evaluation.
- New nutrition standards.
- A forther 4,000 akonga will join the programme in early 2023.



"Healthy Lunches have literally changed the āhua in our kura over the last couple of weeks. Prior to lunches we had a lot of tamariki coming to school hungry and looking for kai from their friends and teachers. A lot of our tamariki were disengaged and unmotivated. Now, after two weeks of free lunches we have happy kids and happy teachers. Our children seem to be more motivated to learn and are more engaged."

Principal<sup>64</sup>

Indicator	Measure	2019/20	2020/21	2021/22	Change
Material	Percentage of children (aged 0-17 years) living in households experiencing good material wellbeing	85%	86%		
wellbeing	Māori	75%	75%		
	Pacific	63%	71%		
	Percentage of children (aged 0-17 years) living in households with less than 50 percent median equivalised disposable household income before housing costs (BHC)	13.2%	13.6%		
	Māori	15.8%	18.1%		
	Pacific	18.8%	17.2%		
Child poverty	Percentage of children (aged 0-17 years) living in households with less than 50 percent median equivalised disposable household income after housing costs (AHC)	17.8%	16.3%	$\mathbf{b}$	
	Māori	19.7%	17.8%		
	Pacific	20.5%	16.3%		
	Percentage of children (aged 0-17 years) living in households experiencing material hardship	11.5%	11.0%		
	Māori	19.7%	20.2%		
	Pacific	26.5%	24.0%		
Food	Percentage of children (aged 0-14 years). living in households where food runs out sometimes or often	20%	15%	13%	$\downarrow$
insecurity	Māori	30%	26%	22%	$\rightarrow$
	Pacific	45%	37%	38%	1
Housing	Percentage of children (aged 0-17 years) living in households with a major problem with dampness or mould	7%	6%		
quality	Māori	11%	10%		
	Pacific	17%	12%		
Housing	Percentage of households with children and young people living in (aged 0-17 years) spending more than 30 percent of their disposable income on housing	37%	34%		
affordability	Māori	32%	29%		
	Pacific	35%	27%		

### Wellbeing in 2021/22: Indicators

\* Identifies annual change is statistically significant

312

2

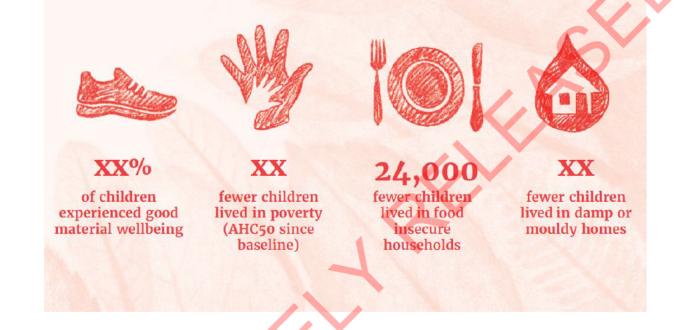
Progress since the baseline year (2017/18) on primary measures in the Child Poverty Reduction Act 2018.

<mark>Measures</mark>		Rate (%)					
	Year ended June 2018	<mark>Year ended</mark> June 2019	<mark>Year ended</mark> June 2020	<mark>Year ended</mark> June 2021	Year ended June 2022	Year ended June 2018– 2022	
Before- housing-cost primary measure (moving line)	16.5 (183,400 children)	13.5 (153,200 children)	13.2 (151,200 children)	13.6 (156,700 children)			
After-housing- cost primary measure (fixed line)	<mark>22.8</mark> (253,800 children)	<mark>18.3</mark> (207,700 children)	<mark>17.8</mark> (203,300 children)	<mark>16.3</mark> (187,300 children)	LP		
Material hardship primary measure	<mark>13.3</mark> (147,600 children)	<mark>13.2</mark> (149,400 children)	<mark>11.5</mark> (131,700 children)	<mark>11.0</mark> (125,700 children)			

#### Wellbeing in 2021/22: Insights

### Have what they need

In 2021/22, most children and young people had a good standard of material wellbeing. Food insecurity further reduced on a significant previous decrease, and child poverty rates xyz...



#### Material Wellbeing

Material wellbeing means household income meets everyday needs and families can afford essentials. It means children and young people are able to participate in activities and families live without significant financial strain. In 2021/22, % of children aged 0–17 years lived in households experiencing good material wellbeing. Tamariki and rangatahi Māori were less likely to live in a household with good material wellbeing at %. Pacific children and young people were also less likely to live in a household with good material wellbeing at %. Trends

#### Child Poverty

This report uses the primary measures of child poverty in the Child Poverty Reduction Act 2018, which have targets set against a baseline of 2017/18.

In 2021/22, <mark>%</mark> of children aged 0-17 years (nnnn) lived in households with less than 50% of the median equivalised disposable household income before deducting housing costs (BHC). This was a decrease over four years from 16.5% (183,400) in the year ended June 2018, equivalent to n children. A higher proportion of Māori and Pacific children live in low-income BHC households at % and % respectively.

In 2021/22, <mark>%</mark> of children aged 0-17 years (**n**) lived in households with after-housing-costs equivalised disposable income that was less than 50% of the median after-housing-costs income in the baseline year (AHC fixed cost). This was down from 22.8% of children (253,800) four years earlier. A higher proportion of Māori children live in lowincome AHC fixed cost households at <mark>%</mark>.

In 2021/22, % of children aged 0–17 years (n) lived in households experiencing material hardship, defined as households going without six or more of the 17 basic needs most people would regard as essentials. This was down from 13.3% from 2017/18. Māori and Pacific children experienced higher rates of material hardship at <mark>%</mark> and <mark>%</mark> respectively.

#### Food insecurity

In 2021/22, 13% of children aged 0–14 years lived in households that reported that food ran out sometimes or often, a further decrease of 2.5 percentage points on 2020/21, which saw a statistically significant decrease from 20% in 2019/20. Severe food insecurity fell between 2019/20 and 2021/22 – from 4% of children living in households reporting that food runs out often to 2%. Food insecurity remained more prevalent amongst Māori children (2.6 times the rate for non-Māori), Pacific children (3.9 times the rate for non-Pacific), and children in areas of high socioeconomic deprivation (5.8 times the rate for lowest socioeconomic deprivation).

The proportion of children aged 0-14 years in households reporting they often or sometimes eat less because of a lack of money also fell slightly, from 14% in 2020/21 to 13% in 2021/22.

In 2021/22, 11% of children aged 0–14 years lived in households reporting using foodbanks and food grants because of a lack of money. In 2020/21, 22% of Māori children and 34% of Pacific children lived in households that used foodbanks and food grants.<sup>65</sup>

None of the annual changes reported in household food insecurity measures reached the threshold for statistical significance. The Child Poverty Related Indicators Report 2022, due to be published in June 2023, will provide further analysis of this indicator.

#### Housing quality

In 2021/22, % of all children aged 0–17 years lived in homes with a major problem with dampness or mould. The rate for Pacific children living in homes with a major problem with dampness or mould was %. % of tamariki Māori and % of disabled children lived in homes with a major problem with dampness or mould. Housing quality issues are strongly related to tenure. In 2021/22, children living in rented homes were n times more likely to have a home with a major problem with dampness or mould than children in owner-occupied homes (% compared to % respectively).

The Child Poverty Related Indicators Report 2022, due to be published in June 2023, will provide further analysis of this indicator.

#### Housing affordability

In 2021/22, % of all children aged 0-17 lived in households spending more than 30 percent of their disposable income on housing. Rates for tamariki Māori and Pacific children were slightly lower at % and % respectively.

The Child Poverty Related Indicators Report 2022, due to be published in June 2023, will provide further analysis of this indicator.



#### What this means

This outcome means that children and young people:

- have the best possible health, starting before birth
- build self-esteem and resilience
- have good mental wellbeing and recover from trauma
- have spaces and opportunities to play and express themselves creatively
- live in healthy, sustainable environments.

#### Why this is important

All children and young people deserve to realise their best possible physical and mental health, have spaces and opportunities to play and grow up in healthy environments. The key to happy and healthy young people is strong, healthy connections to people who love and nurture them. Good parental mental health is important during and after pregnancy, so parents can establish deep and loving connections with their baby.

Children and young people also need time and spaces just to be themselves, to play, explore and create. Good physical and mental health support other aspects of wellbeing, such as the ability to participate in activities, benefit from learning, have positive social interactions and develop resilience.

The focus in this outcome is to improve infant and child health outcomes, early years experiences, and child and youth mental wellbeing.

The COVID-19 pandemic, and other global influences have had significant and likely enduring negative impacts on the mental wellbeing of young people. In 2022, supporting child and youth mental wellbeing was added as a priority area of focus for government.

#### How it will be measured

We use five indicators to measure progress in this outcome. These include subjective wellbeing indicators which draw on young people's experiences:

- prenatal wellbeing
- subjective health status
- potentially avoidable hospitalisations (CPRI)
- mental wellbeing
- self-harm and suicide

"HAVING A GOOD LIFE FOR ME MEANS TO BE HAPPY AND HEALTHY BOTH MENTALLY AND PHYSICALLY."

## **MENTAL WELLBEING – SPOTLIGHT ON HOLISTIC SUPPORT** BUILDING RESILIENCE AND INCREASING ACCESS AND CHOICE

Improving access and choice in primary mental health services and enhancing mental health promotion and prevention are key components of Kia Manawanui Aotearoa – Longterm pathway to mental wellbeing, the Government's high-level plan for transformation of Aotearoa's approach to mental wellbeing.

Promoting positive mental health, supporting resilience, and having the right supports in place, when and where they're needed is critical to protecting and enhancing the wellbeing of children and young people now and in the future.

#### Actions in 2021/22

- Budget 2022 funding secured for five new Mana Ake sites and continuation at existing sites.
- External evaluation of Mana Ake completed and published.
- Agreements in place for primary mental health and addiction supports at all eight universities, 16 subsidiaries and three wānanga.
- Budget 2022 funding for 90 additional counselling staff in schools

#### Next steps 2022/23

- Phased rollout of services in five new Mana Ake sites.
   External evaluation of Youth
- Access & Choice completed.

## Mana Ake

Mana Ake is a school-based programme that gives children the skills and support to deal with issus that include grief, loss, parental separation and

bullying. Mana Ake empowers chi dren with resilience and support, when and where they need it, to confidently cope with whatever life throws at

them <

#### 10,500

Children from Canterbury & Kaikoura supported as at May 2022 New funding thro gh budget 2022 for five further sites Primary and intermediate aged children eligible across

all sites

195,000

"It's what's needed at the time from the school and the whānau. We're responsive to what they need. We can be both reactive and proactive. Mana Ake kaimahi have a huge opportunity to invest in the broader community of schools. What I love about the role is we're not putting out little fires and dealing with individual cases." <sup>66</sup>

### **Youth Access & Choice**

The Youth Access and Choice programme is developing mental health and addiction services in a range of primary and community settings to provide free and immediate support for young people aged 12-24 years

#### 23

- 26,835
- 24,232 Young people

- Youth services contracted across 18 districts as at June 2022
- Youth services sessions delivered in 2021/22
- Young people supported by Access and Choice programme in 2021/22

"Being able to have the opportunity to say what I want, what I need from someone, and to have them meet that need was really powerful." <sup>67</sup>

#### Indicator Measure 2019/20 2020/21 2021/22 Change Percentage of people registered with an LMC, among all 93% 94% people giving birth (2019, 2020, 2021) Māori 92% 92% Pacific 85% 87% Percentage of people registering with an LMC in their first trimester of pregnancy, among all people registered with 73% 74% LMCs (2019, 2020, 2021) Prenatal wellbeing Māori 60% 61% Pacific 47% 45% Percentage of people giving birth who were smoking two 8% 9% weeks after the birth of their child (2019, 2020, 2021) Māori 23% 23% Pacific 6% 6% Percentage of young people (aged 12-18 years) reporting 85% their health as good, very good, or excellent Māori 82% Pacific 84% Subjective health Percentage of children and young people (aged 15-24 status years) reporting their health as good, very good, or 91% 92% 91% excellent Māori 85% 91% 91% Pacific 85% 85% 84% Rate of potentially avoidable hospitalisations per 1000 48 48 48 Potentially children aged 0-14 years avoidable Māori 56 54 55 hospitalisations Pacific 71 63 66 Percentage of children and young people (aged 15-24 years) who experienced high or very high levels of 11% 19% 24% psychological distress in the last four weeks (K10) 14% Māori 26% 26% Pacific 9% 24% \_ Mental wellbeing Percentage of children and young people (aged 12-18 years) who experienced high or very high levels of 28% psychological distress in the last four weeks (K6) Māori 36% Pacific 25% Percentage of children and young people (aged 12-18 years) that in the last 12 months have deliberately hurt 34% themselves Māori 43% Self-harm and Pacific 30% suicide Number of suicides per 100,000 children and young people 18 17 17 (aged 15-24 years) Māori 28 22 31

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#### Wellbeing in 2021/22: Indicators

Pacific \* Identifies annual change is statistically significant

#### Wellbeing in 2021/22: Insights

## Happy and healthy

In 2021/22, most children and young people reported being in good health. The rate of potentially avoidable hospitalisations for illness or injury was similar to the previous two years, maintaining the large decreases across all population groups experienced in the initial stages of the COVID-19 pandemic. Multiple measures of mental wellbeing and mental distress have worsened over the last 10 years. The burden of injury, preventable disease and mental distress is inequitably distributed.



of 15-24 year-olds reported being in good health



4,800 potentially avoidable hospitalisations

for dental

conditions





of 15-24 year olds experienced high or very high mental distress

of 12-18 year olds reported attempting suicide

12%

#### Prenatal health

Community-based continuity of primary midwifery care is regarded as the international gold standard model of maternity care.<sup>68</sup> In 2021, % of all people giving birth were able to access Lead Maternity Carers in 2021. Access for whānau Māori was slightly below this at % in 2021. Access for Pacific was lower, with % able to access Lead Maternity Carers in 2021.

First trimester access to maternity care is associated with better health outcomes.<sup>69</sup> In 2021, % of pregnant whānau were able to access maternity care through a Lead Maternity Carer in their first trimester of pregnancy. First trimester registration for whānau Māori was considerably lower at % in 2021, and access for Pacific was lower again at %. These disparities highlight barriers to timely access to appropriate maternity care for some communities. Tobacco exposure during pregnancy is a risk factor for adverse pregnancy and foetal outcomes and increases the risk of infant mortality and morbidity.<sup>70</sup> Reported tobacco use at two weeks following birth in 2021 was not markedly different to 2020 (ppt change). Tobacco use in the postnatal period has decreased over the last decade (from 14% in 2010). Tobacco use among whānau Māori was still much higher than non-Māori, however this, too, has fallen over the last decade (from 34% in 2010 to x in 2021).

#### Subjective health status

In 2021/22, 91% of young people aged 15-24 years rated their health as good, very good or excellent. This is similar to previous years. 91% of rangatahi Māori aged 15-24 years also rated their health as good, very good or excellent in 2020/21. Among Pacific young people aged 15-24 years, 84% rated their health as good, very good or excellent. These rates have remained stable since 2020/21. Young people were also asked to rate their health in the *What About Me?* survey. Young disabled people reported statistically significantly poorer health than their nondisabled peers (70% to 91% respectively), and young people identifying as belonging to rainbow communities also reported poorer health than their non-rainbow peers (72% to 89% respectively).

#### Potentially avoidable hospitalisations

Overall, there has been no change in the agestandardised rate of potentially avoidable hospitalisations over the last three years, remaining at 48 events per 1000 children aged 0-14 years since 2019/20. The notable drop in potentially avoidable hospitalisations seen from 2019/20, and widely attributed to the impact of COVID-19 lockdowns, has persisted. There has been a steep downward trend in potentially avoidable hospitalisations over the last five years.

There is disparity in the rates of potentially avoidable hospitalisations among tamariki Māori (55 per 1000) and Pacific children (66 per 1000), compared to children of other ethnic groups (42 per 1000).

In 2021/22, respiratory illness was the leading cause of potentially avoidable hospitalisations among children aged 0–14 years (30%), followed by injury (28%) and dental conditions (10%). There was a large increase in admissions for respiratory conditions in 2021/22 compared to 2020/21, consistent with the lifting of COVID-19 protection measures. However, this was offset by decreases in admissions for injury, dental conditions and gastrointestinal conditions, resulting in a slight decrease in the overall rate of potentially avoidable hospitalisations between 2020/21 and 2021/22 (decrease of 0.8 percentage points).

Changes to population estimates introduced this reporting cycle mean data across all years differs slightly from that previously reported.

The Child Poverty Related Indicators Report 2022, due to be published in June 2023, will provide further analysis of this indicator.

#### Mental wellbeing

In 2021/22, around one in four young people aged 15-24 years experienced high or very high levels of psychological distress in the last four weeks (24%). This is a statistically significant increase from one in ten in 2019/20 (from 11% to 24%), though the annual change between 2021/22 and 2020/21 is not statistically significant. This continues a concerning trend of sharply increasing rates of youth psychological distress and associated measures over the last decade in New Zealand and overseas.71 Among the New Zealand Health Survey cohort, disabled young people aged 15-24 years were almost four times more likely to experience mental distress than their nondisabled peers (72% and 19% respectively). Despite a small sample size, this difference is statistically significant.

Psychological distress rates among young people aged 12 -18 years measured using a shorter, but comparable scale in the *What About Me*? survey. This showed an overall prevalence rate of 28% and showed that young disabled people and young people who identify as belonging to rainbow communities experience more than twice the rate of psychological distress of their non-rainbow peers. The rate of psychological distress among rangatahi Māori was also statistically significantly higher than non-Māori among the *What About Me*? survey cohort, though this difference was not observed in the Health Survey.

Mental wellbeing is more than the absence of distress or mental illness.<sup>72</sup> Measures of mental wellbeing are equally important to track. In 2021/22 around 80% of young people aged 18–24 years reported having high or very high life satisfaction, 82% felt life was worthwhile, and 75% reported good mental wellbeing (WHO–5).<sup>73</sup> Unlike mental distress, where young people experience the highest rates of any age group, young people appear to have better mental wellbeing than most older age groups – likely reflecting that mental wellbeing and mental illness are distinct, but related concepts.

#### Self-harm and suicide

The *What About Me*? survey found that one in three, 34%, of young people aged 12–18 years

reported deliberately hurting themselves or putting themselves in danger in 2021/22. Selfharm rates among young people identifying as belonging to rainbow communities were twice that at 67%. Rangatahi Māori and young disabled people also reported higher rates of self-harm (44% and 59% respectively), statistically significantly different to their non-Māori and non-disabled peers.

The What About Me? survey found that 26% of young people aged 12–18 years reported having suicidal thoughts and 12% reported attempting suicide in 2021/22. The attempted suicide rate is twice that reported in the Youth19 survey.<sup>74</sup> This is thought to reflect a difference in the cohort surveyed as well as an increasing prevalence of distress over time. Rates of attempted suicide among rainbow young people and among young disabled people are statistically significantly higher at more than twice the overall rate.

In 2021/22 there were 109 deaths from suspected suicide among young people aged 15–24 years and a further 13 deaths from suspected suicide among children aged under 15 years. Each and every death is a tragic loss.<sup>iv</sup>

The suspected suicide rate in 2021/22 was 17 per 100,000 young people aged 15-24 years, with no change from 2020/21. Suicide rates in 2021/22 were statistically significantly higher among rangatahi Māori at 31 per 100,000 and statistically significantly lower among Asian young people at 7 per 100,000. Suicide rates for Pacific young people were similar to the total population rate at 16 per 100,000. There were no statistically significant changes between rates in 2020/21 and 2021/22.

material raises concerns for you, free call or text 1737 any time for support from a trained counsellor, or see other ways you can seek help.

<sup>&</sup>lt;sup>iv</sup> The information included here places an emphasis on data, and as such, can appear to depersonalise the pain and loss behind the statistics. We acknowledge the individuals, families and communities affected by suicide each year in Aotearoa New Zealand. If this



#### What this means

This outcome means that children and young people:

- are positively engaged with, progressing and achieving in education
- develop the social, emotional and communication skills they need as they progress through life
- have the knowledge, skills and encouragement to achieve their potential and enable choices around further education, volunteering, employment, and entrepreneurship
- can successfully navigate life's transitions.

#### Why this is important

Learning opportunities and experiences develop children's social, cultural, emotional and cognitive competencies, including resilience, critical thinking and the ability to relate well to others.

While learning and development begins at home, quality education has an important role in supporting the development of knowledge, competencies and characteristics to be successful in life and to contribute to family, whānau, and communities.

The focus of this outcome is to improve access and equity in education and ensure no one misses out. An immediate priority is children and young people who need extra support in the education system.

#### How it will be measured

We use six indicators to measure progress in this outcome:

- participation in early learning
- regular school attendance (CPRI)
- literacy, numeracy and science skills
- social-emotional skills
- self-management skills
- youth participation in employment, education and training.

"I FEEL LIKE THE BEST LIFE FOR YOUNG PEOPLE IS TO HAVE THE OPPORTUNITY TO DO WHAT YOU LOVE AND TO FOLLOW THE THINGS THAT INSPIRE YOU AND INTEREST YOU."

# YOUTH ENGAGEMENT – SPOTLIGHT ON TRAINING AND EMPLOYMENT

## Apprenticeship Boost Initiative

In 2021/22 the Apprenticeship Boost Initiative supported employers to keep early-stage apprentices employed and training towards their qualifications, helping ensure Aotearoa New Zealand has a strong pipeline of skilled workers that employers need and enabling learners to earn while they learn.

Next steps: Budget 2022 is funding an extension of the Apprenticeship Boos until the end of 2023

46%

#### 54,000

94,000

apprentices supported

#### Increase in number of Apprentices aged 24 or younger (since 2010)

employers registered for ABI

19,700

#### Apprenticeship Fund (TTAF) covered fees for all apprenticeships and a range of subdegree level programmes, making them free to the learner. Next steps: TTAF finished at the end of 2022. The new Unified Funding System will provide more than \$850m per year for vocational education and training from January 2023 **S82m** 55,845 37% learners invested in of TTAF under 25 had TTAF spending on their fees learners learners covered under 25 through

Targeted Training and Apprenticeship Fund

In 2021/22 the Targeted Training and

## Mana in Mahi – Strength in Work

In 2021/22 Mana in Mahi supported young people into sustainable and meaningful work. Mana in Mahi pays a wage subsidy to participating employers, and provides additional supports including funding for pre-employment training and pastoral care (for both young people and employers).

Next steps: Budget 2022 is funding an additional 1600 places on the scheme over the next two vears.

5,000

64%

job seekersof allsupportedparticipantsinto jobsare aged undersince 201824 years

75%

of participants previously on benefits haven't come back onto a benefit after completing Mana in Mahi

## Māori Trades and Training Fund

In 2021/22 the Māori Trades and Training Fund (MTTF) supported Māori organisations to try different approaches to engaging and keeping Māori in employment-focused training opportunities. The MTTF funds kaupapa Māori projects so they can offer employment-based training alongside support services, such as pastoral care.

Next steps: MTTF is funded through Budget 2022 until June 2026.

17

\$66m

TTAF in 2022

invested over four years for by-Māorifor-Māori employmentbased training programmes Māori training and employment providers

participants to be supported through training with a Te Ao Māori focus and into sustainable employment

813

## Wellbeing in 2021/22: Indicators

Indicator	Measure	2019/20	2020/21	2021/22	Change		
	Percentage of 3-year-old children attending early childhood education for 10 or more hours a week on average (2020, 2021)	74%	68%	67%	Ŷ		
	Māori	62%	57%	55%	$\downarrow$		
Participation in	Pacific	67%	57%	52%	$\downarrow$		
early learning	Percentage of 4-year-old children attending early childhood education for 10 or more hours a week on average (2020, 2021)	84%	76%	74%	Ŷ		
	Māori	68%	62% 🧹	62%	÷		
	Pacific	74%	65%	59%	$\checkmark$		
Regular school	Percentage of children and young people aged 6-16 years who are regularly attending school (2020, 2021)	65%	61%	40%	Ŷ		
attendance	Māori	48%	45%	27%	$\downarrow$		
	Pacific	51%	47%	28%	$\downarrow$		
	Percentage of 15-year-old students meeting the level 2 benchmark for reading (2015, 2018)	83%	81%	-	-		
	Māori	70%	70%	-	-		
	Pacific	66%	64%	-	-		
Literacy, numeracy, and	Percentage of 15-year-old students meeting the level 2 benchmark for maths (2015, 2018)	78%	78%	-	-		
science skills	Māori	63%	63%	-	-		
	Pacific	58%	56%	-	-		
	Percentage of 15-year-old students meeting the level 2 benchmark for science (2015, 2018)	83%	82%	-	-		
	Māori	70%	70%	-	-		
	Pacific	62%	60%	-	-		
Social- emotional skills	Based on aggregated survey data that measures compassion, respectfulness and trust Māori Pacific		Not available				
Self- management skills	Based on aggregated survey data that measures organisation, productiveness and responsibility Māori Pacific						
Youth participation in	Percentage of young people aged 15 to 24 years who are participating in employment, education, or training	88%	88%	88%	<i>→</i>		
employment,	Māori	81%	81%	81%	<i>→</i>		
education, or training	Pacific	83%	81%	84%	$\uparrow$		

\* Identifies annual change is statistically significant

#### Wellbeing in 2021/22: Insights

## Learning and developing

In 2021/22, children and young people's ability to regularly attend school was significantly impacted by COVID-19 in our communities. Despite this, the educational attainment in 2021 was above pre-pandemic rates, with over 55% of school leavers achieving the highest secondary school qualification (NCEA Level 3 or above). Young people aged 15-24 also maintained pre-pandemic levels of engagement with education, employment or training, with particular gains seen in tertiary education participation.



of 4 yearold children participated in early learning services

4%



40%

of students regularly attended school



of school leavers enrolled in tertiary education of young people were in employment education or training

#### Participation in early learning

Early learning participation is associated with short- and long-term positive outcomes, especially for vulnerable children.<sup>75</sup> The percentage of children aged 3 and 4 years attending early childhood education (ECE) for 10 hours or more a week on average (participation intensity) has decreased since 2020; with the impact of the COVID-19 pandemic being the predominant reason<sup>76</sup>.

Participation intensity for Māori and Pacific children decreased considerably. Participation rates among Māori and Pacific children are also more likely to be affected by the additional COVID-19 protection measures that occurred in Auckland in early 2022.

However, the overall number of children participating in early learning before starting school (prior participation) has steadily increased over time, sitting at 97% in 2022, up from 95% in 2011. Māori and Pacific children have experienced the largest increase in participation in early learning over time. Prior participation for Māori children increased from 91% in 2011 to 95% in 2022; prior participation for Pacific children increased from 86% in 2011 to 92% in 2022.<sup>77</sup>

#### Regular school attendance

In 2021/22<sup>v</sup>, 40% of students aged 6–16 years attended school 90% or more of the time (regular attendance). COVID–19 prevalence in our communities in 2022 impacted this statistic – any student absent for the required 7–day isolation period would not be counted as regularly attending. Although this drove a step change in the 2022 rate, there has still been a large decrease in regular attendance across all age groups and school deciles over time. Rates of chronic absence – missing three or more

<sup>&#</sup>x27;Measured in Term 2, 2022

weeks in a term - almost doubled between 2021 and 2022.

There is a strong inverse correlation between days missed and educational achievement, therefore falling attendance and engagement can be expected to have major long-term consequences for young people.<sup>78</sup>

School attendance and engagement is an equity issue. In 2021/22, rates of regular attendance differed greatly across school decile, from 23% for Decile 1 to 50% in Decile 10. Ākonga Māori had lower regular attendance (27%) and much higher chronic absence (24%) than European students (43% regular attendance, 10% chronic absence) or Asian students (52% regular attendance, 8% chronic absence). Pacific students have similar attendance patterns to Māori students (26% regular attendance, 24% chronic absence).

Justified absence — for example for illness or sports trips — was largely similar across ethnic groups, although slightly lower among Asian students, making up around 12% of the term time for Māori, 11% for Pacific and Pākehā and 8% for Asian students. Unjustified absence varied considerably by ethnic group with ākonga Māori and Pacific students absent at more than twice the rate of Asian and Pakehā students (10% for both Māori and Pacific compared to 4% for both Asian and Pakehā).

The Child Poverty Related Indicators Report 2022, due to be published in June 2023, will provide further analysis of this indicator.

#### Literacy, numeracy and science skills

Administration of PISA was delayed and is unavailable for this report. See previous reports for analysis of 2018 results.

In 2021, 69% of Year 11 students achieved NCEA Level 1, 78% of Year 12 students achieved Level 2, and 71% of Year 13 students achieved Level 3. Despite a slight decrease in 2021 compared to 2020, NCEA attainment has increased over time across all year levels and ethnic groups, although the largest gains have been among Māori and Pacific students.<sup>79</sup>

Social-emotional skills and selfmanagement skills Social and emotional skills are a subset of an individual's abilities, attributes and characteristics and are important for individual success and social functioning. Together, they encompass a comprehensive set of skills essential for students to be able to succeed at school, at work and fully participate in society as active citizens. The benefits of developing children's social-emotional skills go beyond cognitive development and academic outcomes; they are also important drivers of mental health and labour market prospects.<sup>80</sup>

An indicator based on the methodology of the OECD's Survey of Social and Emotional Skills (SSES)<sup>81</sup>, using data captured through the *What About Me?* survey, is under development in 2023.

Data from the SSES show wide sociodemographic distribution of social and emotional skills. Analysis of distribution in the New Zealand context will support better targeting and adaptation of initiatives that seek to support the social and emotional learning.

## Youth participation in employment, education and training

Early education, training and employment experiences have long-lasting effects on future earning, employment opportunities and life satisfaction.<sup>82</sup> In 2021/22, 88% of young people aged 15-24 years were in employment, education, or training.

Youth participation in employment, education, or training was lower among rangatahi Māori at 81% and Pacific young people at 84%, compared to the overall population rate of 88%.

Around 65% of school leavers in 2020 enrolled in tertiary education in 2021 – up 5 percentage points from the previous year. For the first time, the proportion of school leavers enrolled in tertiary education at bachelors level and above in 2021 (37%) was higher than the proportion not enrolled in tertiary study (35%).<sup>83</sup>

## CHILDREN and YOUNG PEOPLE one ACCEPTED, RESPECTED and CONNECTED



#### What this means

This outcome means that children and young people:

- feel manaakitanga: kindness, respect and care for others
- feel accepted, respected and valued at home, school, in the community and online
- live free from racism and discrimination
- live free from bullying
- have stable and healthy relationships
- are connected to their culture, beliefs and identity, including whakapapa and tūrangawaewae
- are connected to their languages.

#### Why this is important

Children and young people in New Zealand want to live in a country where culture and diversity is not just accepted, but embraced and celebrated in all environments.

They need safe spaces and time to explore and establish their identities. It's important that they're accepted for who they are without having to fit into narrow and limiting norms. A strong and positive sense of identity builds higher self-esteem and resilience – knowing your heritage helps you understand your identity, connections to others and sense of place, land and time. The focus in this outcome is to build cultural competency into the design and delivery of services and to promote a society where all children and young people feel accepted and included.

#### How it will be measured

We use seven indicators to measure progress in this outcome. Several of these are subjective wellbeing indicators, and draw on children and young people's experiences:

- ability to be themselves
- sense of belonging
- experience of discrimination
- experience of bullying
- social support
- support for cultural identity
- languages.

"TO BE ACCEPTED. TO BE UNDERSTOOD AND TAKEN SERIOUSLY. IT'S IMPORTANT BECAUSE IT GIVES YOU CONFIDENCE IN YOUR UNIQUENESS."

# POSITIVE RELATIONSHIPS – SPOTLIGHT ON BULLYING PREVENTION

Bullying is a significant and ongoing issue for schools in Aotearoa New Zealand. In 2021, more than one third of students aged 12-18 years experienced bullying.

Bullying prevention is everyone's responsibility – all school staff, students, parents and whānau, and the wider school community.

The Ministry of Education's Bullying Prevention and Response Work Programme seeks to provide resources and tools to help wholeschool communities promote a positive, inclusive learning environment.

Actions in 2021/22

- Budget 22 investment in PB4L-SW refresh.
- Bullying Prevention Week 16-20 May.
- 1081 schools using the Wellbeing@School student survey as at 30 Sept 2022.
- <u>Tō Tātou Kura Atawhai; Our</u> <u>Kind of School</u> research and good practice report published.

Next steps 2022/23

Evaluation of Bullying Free website including engagement with learners, par nts and schools.
Enhanced Bullying Free New Zealand week initiative planned for 2023.
PB4L-SW refresh underway.
recruitment for 14 more PB4L-SW Practitioners to begin from July 2023.

## Positive Behaviour for Learning School-Wide

Positive Behaviour for Learning School-Wide (PB4L-SW) is a whole-school framework. This framework is designed to enable schools, kura, and families and whānau to create inclusive and supportive school environments. These environments promote caring relationships which value diversity and encourage positiv behaviour.

14

## \$18.9m

invested through Budget 2022 to support PB4L-SW improvements new School Wide p actitioners to provide high quality support tailored to their needs 1125

schools participating in PB4L-SW

"What we realised, going through the PB4L process, was that you actually need to teach our tamariki how to do these things. If we say a tamaiti doesn't know how to read, it's the teacher's job to teach them that. If a tamaiti doesn't know how to make good choices in the classroom or know how to listen to the speaker, then it's our job to teach them how to do that. We've created a bank of lesson plans to actually teach this. That's evolved over the years. It's a really consistent schoolwide approach." – Kaiako

"When there is problems the teachers will talk to us, sometimes in a small group sometimes all together. They hear our side and the other person's side.<sup>84</sup> – Akonga

"At [kura] when there is a raru (conflict) they (Kaiako) are quick to resolve it and make a lesson of it so kids are learning." – Whānau

## Wellbeing in 2021/22: Indicators

	Measure	2019/20	2020/21	2021/22	Chan
Ability to be	Percentage of children and young people (aged 12–18 years) who agree that it is easy for them to express their identity			67%	
themselves	Māori			64%	1
	Pacific	1		70%	1
Sense of	Percentage of children and young people (aged 12-18 years) who feel a sense of belonging to Aotearoa/New Zealand as a whole	_	_	78%	
belonging	Māori			83%	
	Pacific			82%	
	Percentage of children and young people (aged 12-18 years) who report experiencing discrimination in the last 12 months			25%	-
	Māori			32%	
Experience of	Pacific			32%	1
discrimination	Percentage of young people (aged 18-24 years) who report experiencing discrimination in the last 12 months	20%	18%	24%	¢
	Māori	29%	32%	28%	$\downarrow$
	Pacific	23%	20%	20%	$\rightarrow$
Experience of	Percentage of children and young people (aged 12-18 years) who experienced bullying in the last 12 months			37%	
bullying	Māori			40%	
	Pacific			28%	
Social support	Percentage of children and young people (aged 12–18 years) who say they have an adult they could turn to if they were going through a difficult time and needed help			85%	-
Social Support	Māori			83%	
	Pacific			85%	1
Support for	Percentage of children and young people (aged 12-18 years) who have someone they can ask about their culture, whakapapa or ethnic group	_	-	73%	-
cultural identity	Māori			83%	
	Pacific	1		87%	1
	Percentage of children and young people (aged 12-18 years) who in everyday conversation speak a second and/or third language	-		26%	
Languages	Māori			36%	
Languages		1		_	

#### Wellbeing in 2021/22: Insights

## Accepted, respected and connected

In 2021/22<sup>#</sup>, most young people felt a sense of belonging to Aotearoa New Zealand and had good social support. However, many young people faced bullying and discrimination, and some population groups felt less able to express their identity and had less support for their identity.



67%

of 12–18 year-olds felt they could express their identity



85%

of 12-18 year-olds had good social support someone they could turn to of 18-24 year-olds experienced discrimination

24%

of 12-18 year-olds experienced bullying

37%

#### Ability to be themselves

The What About Me? survey reported that 67% of young people aged 12–18 years found it easy or very easy to express their identity. Around half (51%) of young disabled people and around a third (37%) of young people identifying as belonging to rainbow communities felt able to express their identity – statistically significantly lower than their non-disabled and non-rainbow peers. A comparable question in the most recent General Social Survey reported that in 2021, 78% of young people aged 18–24 years found it easy or very easy to express their identity<sup>85</sup>, down 5 percentage points from 2018, but not a statistically significant change.

#### Sense of belonging

The What About Me? survey reported that 78% of young people aged 12–18 years felt a sense of

belonging to Aotearoa New Zealand. Rangatahi Māori reported statistically significantly higher rates of belonging than non-Māori (83% and 76% respectively). Young disabled people and rainbow young people were statistically significantly less likely to feel a sense of belonging (68% and 64% respectively).

#### Experience of discrimination

The What About Me? survey reported that 25% of young people aged 12–18 years experienced one or more types of discrimination.<sup>vi</sup> The General Social Survey reported that in 2021, 24% of young people aged 18–24 experienced discrimination. Rangatahi Māori reported statistically significantly higher rates of discrimination than non–Māori (32% and 24% respectively). Disabled young people were also statistically significantly more likely to

or sexual identity/something else about you' – on a scale where 0 is 'not at all' and 10 is 'all the time'

<sup>&</sup>lt;sup>vi</sup> Discrimination is defined here as a combined score of 7+ on <u>any</u> of the questions 'In the last 12 months, how often have you been treated unfairly or made to feel different because of your ethnicity/your gender

experience discrimination than non-disabled young people (46% and 19% respectively), as were rainbow young people compared to their non-rainbow peers (44% to 21%).

#### Experience of bullying

The What About Me? survey reported that 37% of young people aged 12–18 years experienced bullying in the last 12 months. Around half of young disabled people and half of rainbow young people surveyed experienced bullying.

#### Social support

The What About Me? survey reported that 85% of young people aged 12–18 years had an adult they could turn to if they were going through a difficult time and needed help. Rangatahi Māori and Pacific young people felt similar levels of social support. Young disabled people and rainbow young people were statistically significantly less likely to have access to support from adults (76% and 78% respectively) than their non-disabled and non-rainbow peers.

#### Support for cultural identity

Cultural identity is a broad and intersectional concept encompassing place, history, ethnicity, religion, gender and sexuality.

The What About Me? survey reported that around 83% of rangatahi Māori and 87% of Pacific young people aged 12-18 years had someone they could ask about their whakapapa, culture or ethnic group – rates that were statistically significantly higher than their non-Māori and non-Pacific peers. Young disabled people and rainbow young people were less likely to report someone they could ask about their culture – though the survey was non-specific as to the aspect of their identity their answer pertained to.

#### Languages

The What About Me? survey reported that 26% of young people aged 12–18 years could have an everyday conversation in a second or third language. 58% of Asian young people and 43% of Pacific young people spoke two or more languages.

In 2018, Te Kupenga reported that 17% of rangatahi Māori aged 15-24 years learned te reo Māori as a first language and still understand it.<sup>86</sup> The 2021 General Social Survey reported that 26% of rangatahi aged 18-24 years were able to speak Te Reo Māori fairly well, well or very well in day-to-day conversation; 80% agreed Te Reo Māori should be a core subject in primary schools.<sup>87</sup>



#### What this means:

This outcome means that children and young people:

- contribute positively at home, at school and in their communities
- exercise kaitiakitanga: care of the land and connection to nature
- have their voices, perspectives, and opinions listened to and taken into account
- are supported to exercise increasing autonomy as they age, and to be responsible citizens
- are supported to make healthy choices around relationships, sexual health, alcohol, tobacco and other drugs.

#### Why this is important

Children and young people are experts in their own lives and need to be heard on matters that affect them; they deserve good, accessible information to help them make informed choices about their lives.

Youth driven enterprises, initiatives and campaigns are common and show young people's motivation and ability to galvanise their peers and influence change. Young people need opportunities and information to exercise kaitiakitanga now and for the future. The focus in this outcome is to ensure children and young people are listened to and taken seriously when decisions are made that affect them, including at school, in State care and in decision making more broadly.

#### How it will be measured

We have selected four indicators to measure progress in this outcome:

- involvement in community
- representation of young people's voices
- making positive choices
- criminal offending.

"WE NEED TO BE INCLUDED IN CONVERSATIONS WITH ADULTS INSTEAD OF BEING TOLD WE'RE TOO YOUNG."

# YOUTH REPRESENTATION – SPOTLIGHT ON THE YOUTH PLAN

The Youth Plan aims to ensure rangatahi have a say in decisions that impact them, to support the wellbeing of rangatahi and their family and whānau, to enable rangatahi leadership and to drive transformative change. The Youth Plan sets out actions that government will take, in partnership with others to achieve these aims.

Key actions in 2021/22

- A rangatahi Māori leadership forum focusing on identity, mātauranga Māori, te reo Māori, and accessibility to information, reaching XX rangatahi aged 17-25 years.
- Evaluation of employment services programme for young disabled people in their final two years of school.
- Delivery of five youth-focused campaigns including: Hear Me See Me, Keeping it Real, and #lovebetter.

Next steps 2022/23

- Review of the 2020-2022 Youth Plan: Turning Voice into Action – Rebuilding and Recovering.
   Development of a new suite of actions.
- Potential refresh and relaunch of the Youth Plan.

## Four focus areas:

Voice - rangatahi voices and perspectives are listened to, valued, and embedded in decisionmaking at all levels, particularly in decisions about COVID-19 recovery.

Leadership- rangatahi are enabled to lead their own lives, and have th ir identities seen, valued and respe ted. Wellbeing- the wellbeing of ragatahi, their whānau, and their communities is supported and st engthened.

Transformative Changegovernment agencies work collaboratively with each other, the youth sector, communities and rangatahi to mitigate the impact of COVID-19 for rangatahi.

agencies actively involved in the Cross Agency Working Group

youth-focused campaigns delivered

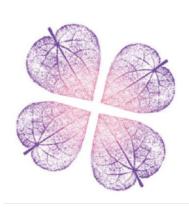
## 88%

actions - all on track,

complete, or embedded as

part of BAU work

of survey participants whose child had watched the Keep It Real, Eggplant campaign advised that it prompted a conversation around online/digital safety



### Wellbeing in 2021/22: Indicators

Indicator	Measure	2019/20	2020/21	2021/22	Change
Involvement in	Percentage of children and young people (aged 12–18 years) who report helping others in the neighbourhood or community	_	_	47%	_
community	Māori		_	50%	_
	Pacific			57%	
	Percentage of young people enrolled and voting in the New Zealand General Election (2017, 2020)	69%	78%		-
Representation	Māori	62%	70%	-	-
of young people's voices	Trust held in parliament (aged 18-24)	66%	62%	39%	$^{+*}$
people's voices	Māori	53%	52%	29%	$\checkmark$
	Pacific	60%	64%	41%	$^{+*}$
	Percentage of young people aged 15-24 years who are hazardous drinkers	27%	27%	24%	$\downarrow$
	Māori	36%	40%	37%	$\rightarrow$
	Pacific	36%	28%	-	-
	Percentage of young people aged 15-24 years who smoke daily	10%	6%	6%	$\rightarrow$
	Māori	22%	13%	13%	$\rightarrow$
Making positive	Pacific	15%	7%	-	-
choices	Percentage of young people aged 15-24 years who use e- cigarettes daily	4%	12%	19%	$\wedge^*$
	Māori	6%	15%	28%	<b>←</b>
	Pacific	-	12%	-	-
	Percentage of young people aged 15-24 years who have used cannabis in the last 12 months	27%	30%	28%	$\rightarrow$
	Māori	36%	43%	37%	$\checkmark$
	Pacific	-	27%	-	-
Criminal	Offending rates per 10,000 young people aged 10-17 years	179	162		
offending	Māori	329	285		
	Pacific	103	73		

\* Identifies annual change is statistically significant

#### Wellbeing in 2021/22: Insights

### Involved and empowered

In 2021/22, young people had lower generalised trust, but higher trust for parliament than older age groups. Youth offending gained media attention, but data showed a continuing long term downward trend. fewer young people reported hazardous drinking or cannabis use compared to 2020/21. Vaping and e-cigarette use among young people has significantly increased over time.



#### Involvement in community

Through the *What About Me*? survey, 47% of young people aged 12–18 years reported helping others in their neighbourhood or community. Pacific young people were statistically significantly more likely to volunteer compared to non-Pacific peers (57% to 45%). Volunteering rates among young people aged 15–24 were not statistically significantly different to the New Zealand average – 24% of young people aged 15–24 years reported volunteering directly for another person in the previous four weeks, 30% reported volunteering through an organisation in the previous four weeks.<sup>88</sup>

In 2021/22, 44% of young people aged 15-24 reported having participated in organised sport compared to 24% of people overall and over half of young people aged 15-24 had been to a community event (54%). 30% of young people aged 15-24 had been to a marae in the last 12 months, with 11% of young people visiting at least weekly. Young people aged 15-24 were more than twice as likely to participate in performing arts than the average New Zealander (21% v 10% overall).<sup>89</sup>

#### Representation of young people's voices

Local government election data is not yet available and is outside this annual reporting period. Please see the 2020/21 <u>CYWS Annual</u> <u>Report</u> for an analysis of youth engagement in the 2020 General Election.

Institutional trust decreased statistically significantly in 2021/22, with 39% of young people aged 18-24 years agreeing or strongly agreeing they had trust in parliament, compared to 62% in 2019/20. As with previous years, rangatahi Māori were less likely to report trust in parliament (29%). Mean trust in parliament decreases with increasing age.

By comparison, generalised trust increases with increasing age - 54% of young people aged 15-24 agreed or strongly agreed they held trust for people in New Zealand, compared to 69% of people aged 45-64 years and 72% of people aged 65+.<sup>90</sup>

#### Making positive choices

In 2021/22, 24% of young people aged 15-24 years reported hazardous levels of alcohol consumption in the past 12 months. This is a three percentage point decrease on 2020/21 but is not statistically significantly different. Hazardous drinking was more prevalent among rangatahi Māori in 2021/22 at 37%, with no significant change from 2020/21 (40%). The rate of hazardous drinking among Pacific young people in 2021/22 is not available due to sample size limitations. In 2020/21, 28% of Pacific young people aged 15-24 years reported hazardous levels of alcohol consumption, similar to the total population rate.

In 2021/22, 15% of young people aged 18–24 years reported binge drinking at least weekly and 35% at least monthly. Among young people aged 15–17 years, 57% reported drinking alcohol in the past year, 6% were hazardous drinkers and 10% reported binge drinking in the past month.<sup>91</sup>

Reported daily cigarette smoking appears to have decreased markedly among both Māori and non-Māori since 2019/20, with a daily smoking rate in 2021/22 of 6% among young people aged 15-24 years, a fall from 10% in 2019/20. Among rangatahi Māori, 13% of young people aged 15-24 years reported smoking in 2021/22, down from 22% in 2019/20.

Daily e-cigarette use (vaping) among young people has increased statistically significantly between 2019/20 and 2021/22, from 4% to 19% (28% among rangatahi Māori).<sup>vii</sup> In 2021/22, 51% of young people aged 15-24 years had tried e-cigarettes.

In 2021/22, 28% of all young people aged 15-24 years and 37% of rangatahi Māori reported using cannabis in the last 12 months, with 8%

of all young people aged 15-24 years reporting using cannabis at least weekly.

#### Criminal offending

Young people had a higher likelihood of victimisation compared with the New Zealand average. In 2020/21, young people aged 15–19 years experienced twice the rate of interpersonal violence offences (15% v 7% overall). More than half of disabled people aged 15–29 were victimised in the last 12 months (55%).<sup>92</sup>

In 2020/21, 9% of young women aged 15–19 years had experienced a sexual assault in the last 12 months, compared to 2% of the overall 15+ population. Half of sexual assaults against adults were among those aged 15–29 years. Gay, lesbian and bisexual young people aged 15–29 years were statistically significantly more likely to experience sexual assault (15%).<sup>93</sup>

The total number of convicted charges against children and young people aged 10-17 years decreased 15% between 2020/21 and 2021/22, with a total reduction of 60% over the last decade.

Youth offending rates among children and young people aged 10–17 years have decreased across all population groups since 2020/21, continuing a long-term trend of reduction. There was a xx% decrease overall, a xx% decrease among tamariki and rangatahi Māori and a xx% decrease among Pacific children and young people in rates of criminal offending compared to 2020/21.

Many children and young people who offended have had negative childhood experiences. In 2020/21, the most recently available data, 96% of children aged 10–13 years and 89% of young people aged 14–17 years who were referred for Youth Justice Family Group Conferences had previously been the subject of a report of concern to Oranga Tamariki about their care and protection.<sup>94</sup>

made with the data available. All substance use data is self-reported and based on small numbers, so should be interpreted with caution.

<sup>&</sup>lt;sup>vii</sup> New Zealand Health Survey data does not distinguish between nicotine and non-nicotine vaping products. Conclusions as to the likely transfer or cross over of cigarette use and vaping cannot be

## Notes on this report

This report presents wellbeing data collated from 17 collections across eight government agencies for the 2021/22 financial year. During this period, New Zealand experienced major disruption due to the COVID-19 Delta and Omicron waves.

This impacted several surveys that contribute data to this report – either reducing sample sizes due to reduced field time or delaying delivery dates – thus impacting the data available or the depth of analysis available for this report.

Where there is no data available for the 2021/22 financial year, the most recently available data has been used. This is indicated alongside each measure throughout the data tables and Appendix One. For ease of reading, where there is no year indicated in brackets, data is for the 2019/20, 2020/21 and 2021/22 financial years reading left to right across columns.

Where available, data is disaggregated for populations of interest. Data for total New Zealand, tamariki and rangatahi Māori and Pacific children and young people is presented in the body of the report, and all demographic breakdowns (as available) are included in Appendix One of this report. Data sources for each measure are also identified in Appendix one and as such are not referenced within the body of the report. Additional data sources and technical notes are listed in Appendix Two – Endnotes. For all indicators except those presenting Official Child Poverty Statistics, this report compares latest data to the previous available year or period (annual change). For Official Child Poverty Statistics which are also Child and Youth Wellbeing Strategy Indicators, comparison to the baseline year (2017/18) is provided. In-depth analysis of the Official Child Poverty Statistics for 2021/22 is published by Statistics New Zealand.

Arrows are used throughout the tables to indicate an annual change of 1% or greater but do not necessarily indicate statistically significant change. Statistical significance testing of annual change is not available for all indicators (for example administrative data not based on a sample). Where this is available and a statistically significant threshold (p<0.05) has been reached, this is noted in the table "\*" and in the report. Indicators that do not have information on statistical significance may still demonstrate meaningful annual or longer-term change.

Please use caution when interpreting differences in indicators among population subgroups. Numbers of respondents or events can be very small and as such carry wide margins of error.

Information on the development of the indicators and measures is available on the Child and Youth Wellbeing website: https://childyouthwellbeing.govt.nz/developm ent-indicators

# Review of the Child and Youth Wellbeing Strategy

The Children's Act 2014 requires the Strategy to be reviewed at least every three years, with the first statutory review completed in August 2022. The Review drew on the findings of various reports and evaluations, including an independent Process Evaluation<sup>95</sup>, insights and themes from research reports and engagements that have been released since the development of the Strategy in 2019.

Targeted engagement with key stakeholders was also undertaken during June and July 2022, including with children and young people themselves.<sup>96</sup>

The Review focused on the priority areas and enablers that will help drive and prioritise government policy and harness collective action outside government. It explored how the Strategy could be used to:

- drive and prioritise government policy
- encourage more collective ownership of the Strategy among communities and nongovernment organisations
- identify ways the monitoring and reporting arrangements could be made more efficient and effective
- better integrate te ao Māori concepts of wellbeing.

The Review found that, overall, there is strong and ongoing support for the Strategy. Stakeholders agreed that the Strategy's vision and outcomes provide a strong basis for collective action to improve the wellbeing of children and young people. Partners and stakeholders noted that the indicators and measures could be improved over time, and that the current Strategy enables this. Based on this feedback and other inputs into the Review, no changes will be made to the Strategy's framework.

However, the Review found that there is considerable scope to better prioritise and support the implementation of the Strategy. It identified key changes that will help the Strategy to be a catalyst for, and driver of, system change to support the wellbeing of all children and young people, including:

- embedding ownership of the Strategy, which involves increasing the representation of iwi/Māori, Pacific and children and young people, focusing more on whānau-centred, community-led approaches, and developing a learning system that includes diverse voices and perspectives
- improving coordination and alignment across agencies and between agencies and communities
- shifting the focus of governance away from central government to whānau, communities and children and young people
- building efficient and effective measurement, monitoring and reporting, in particular better incorporating strengths-based understandings of wellbeing
- embedding te ao Māori concepts of wellbeing into the Strategy implementation.

The Review noted that central government needs to continue to evolve how it works with iwi/Māori and communities at different levels to achieve the outcomes of the strategy.

There was strong support for focusing on fewer actions overall. Four priority areas were identified for the next phase of the Strategy's implementation:

- reducing child poverty and mitigating the impacts of socio-economic disadvantage
- enhancing child and whānau wellbeing in the first 1000 days
- addressing racism, discrimination and stigma
- enhancing the mental wellbeing of children and young people (new priority).

Each of the priority areas will have a Lead Chief Executive/s, who will act as system convenor to help drive policy and investment decisions and support implementation.

# Appendix one: Indicator, measure and source tables

Children and young people are loved, safe and nurtured							
Indicator	Measure	2019/20	2020/21	2021/22	Source		
	Percentage of all children and young people (aged 12-18 years) who feel they are loved by the people who look after or care for them (7+/10)			90%			
	Māori			87%			
De alla a lassa d	Pacific			89%			
Feeling loved	Asian	-	-	91%			
	MELAA			87%	Youth		
	Disabled			81%	Health an		
	Rainbow			79%	Wellbeing Survey –		
	Percentage of children and young people (aged 12-18 years) rating their families as doing well (7+/10)			73%	What About Me		
	Māori			66%	(MSD)		
	Pacific			74%			
	Asian	-	-	82%			
	MELAA	>		65%			
	Disabled			54%	1		
	Rainbow			55%	1		
Family and whānau wellbeing	Percentage of young people (aged 18-24 years) who rate their family as doing well (7+/10)	83%	82%	81%	2019/20 HLFS Jun 2020		
	Māori	77%	79%	65%	2020/21 HLFS March 2021		
	Pacific	83%	88%	-	2021/22 GSS 2021		
	Percentage of children and young people (aged 12-18 years) who feel they get to spend enough time with the people who look after or care for them (7+/10)			74%	(StatsNZ		
	Māori			66%	Youth Health an		
Quality time	Pacific			71%	Wellbein		
with parents	Asian	-	-	73%	Survey -		
	MELAA			69%	What About Me		
	Disabled			58%	(MSD)		
	Rainbow			57%	-		
	Children and young people with notifications to Oranga Tamariki who were referred for further assessment or investigation (number of distinct persons aged 0-17)	34,673	35,081	29,298	Oranga		
	Māori	18,479	18,435	15,451	Tamarik		
Harm against	Pacific	5,363	5,486	4,512	1		
children	Percentage of children and young people (aged 12-18 years) that in the last 12 months have been hit or physically hurt, or they have seen others in the home being hit or physically hurt by adults in the places where they usually live		-	13%	Youth Health an Wellbein Survey -		

	Māori			21%	What
	Pacific	1		19%	About Me? (MSD)
	Asian	1		16%	<b>V/</b>
	MELAA			14%	
	Disabled			24%	
	Rainbow			19%	
	Percentage of children and young people (aged 12-18 years) who agree they feel safe at home			89%	
	Māori			85%	
	Pacific			87%	
Feeling safe	Asian	-	-	90%	
	MELAA		C	80%	
	Disabled			77%	
	Rainbow			75%	1
	Number of serious non-fatal injuries per 100,000 children and young people (aged 0-24 years)	123	113		Stats NZ
	Māori	165	164		
Serious injuries	Number of deaths of children and young people (aged 0- 24 years)	724	774	686	Mortality
	Māori	246	266	237	Collection 2018,2019, 2020
	Pacific	81	110	92	
	Asian	72	72	71	(MOH)

Children and young people have what they need								
Indicator	Measure	2019/20	2020/21	2021/22	Source			
	Percentage of children (aged 0-17 years) living in households experiencing good material wellbeing	85%	86%					
	Māori	75%	75%					
	Pacific	63%	71%		Househol			
Material	Asian	93%	94%		Economi			
wellbeing	MELAA	85%	88%		Survey (Stats NZ			
	Low income	66%	70%		(blueb Hz			
	Disabled children	75%	76%					
	Households with at least one disabled person	74%	75%					
	Percentage of children (aged 0-17 years) living in households with less than 50 percent median equivalised disposable household income before housing costs (BHC)	13.2%	13.6%					
	Māori	15.8%	18.1%					
	Pacific	18.8%	17.2%					
	Asian	15.4%	16.9%		Official			
Child a susset	MELAA	18.8%	19.1%		Child			
Child poverty	Disabled children	16.0%	15.5%		Poverty Measure			
	Children in a disabled household	16.5%	17.3%		(Stats NZ)			
	Percentage of children (aged 0-17 years) living in households with less than 50 percent median equivalised disposable household income after housing costs (AHC)	17.8%	16.3%					
	Māori	19.7%	17.8%					
	Pacific	20.5%	16.3%					

	Asian	23.7%	20.2%		
	MELAA	29.9%	28.0%		
	Disabled children	21.5%	17.6%		
	Children in a disabled household	20.5%	18.8%		
	Percentage of children (aged 0-17 years) living in households experiencing material hardship	11.5%	11.0%		
	Māori	19.7%	20.2%		
	Pacific	22.3%	24.0%		
	Asian	5.8%	4.9%		
	MELAA	10.0%	4.9%		
	Disabled children	20.7%	20.5%		
	Children in a disabled household	20.8%	21.1%		
	Percentage of children (aged 0-14 years). living in households where food runs out sometimes or often	20%	15%	13%	NIZ Heelth
Food	Māori	30%	26%	22%	NZ Health Survey
insecurity	Pacific	45%	37%	38%	(MOH)
	Asian	12%	7%	5%	
	Percentage of children (aged 0-17 years) living in households with a major problem with dampness or mould	7%	6%		
	Māori	11%	10%		
	Pacific	17%	12%		
Housing quality	Asian	4%	3%		
1	MELAA	8%	3%		
	Low income	15%	10%		
	Disabled children	5%	10%		Household
	Households with at least one disabled person	13%	10%		Economic
	Percentage of households with children and young people living in (aged 0-17 years) spending more than 30 percent of their disposable income on housing	37%	34%		Survey (Stats NZ)
	Māori	32%	29%		
	Pacific	35%	27%		
Housing affordability	Asian	49%	45%		
	MELAA	50%	44%		
1	Low income	62%	60%		
	Disabled children	36%	33%		
	Households with at least one disabled person	33%	32%		

			,						
Children and young people are happy and healthy									
Indicator	Measure	2019/20	2020/21	2021/22	Source				
	Percentage of people registered with an LMC, among all people giving birth	93%	94%						
	Māori	92%	92%		National				
Duranatal	Pacific	85%	87%		Maternity				
Prenatal wellbeing	Asian	91%	92%		Collection 2019, 2020, 202				
0	High deprivation	90%	91%						
	Percentage of people registering with an LMC in their first trimester of pregnancy, among all people registered with LMCs	73%	74%						

[		Māori	60%	61%		
		Pacific	45%	47%		
		Asian	77%	78%		
		High deprivation	59%	59%		
		Percentage of people giving birth who reported smoking two weeks after the birth of their child	8%	9%		
		Māori	23%	23%		
		Pacific	6%	6%		
		Asian	<1%	<1%		
		Percentage of young people (aged 12-18 years) reporting their health as good, very good, or excellent			85%	
		Māori		- C	82%	Youth Health and
		Pacific			84%	Wellbeing
		Asian	-		89%	Survey – What
		MELAA			84%	About Me?
		Disabled			70%	(MSD)
	Subjective	Rainbow			72%	
	health status	Percentage of children and young people (aged 15-24 years) reporting their health as good, very good, or excellent	91%	92%	91%	
		Māori	85%	91%	91%	
		Pacific	85%	85%	84%	NZ Health Survey
		Asian	94%	95%	96%	(MOH)
		Disabled	49%	70%	62%	
		Rainbow	81%	84%	89%	
		High deprivation (NZ Dep Quintile 5)	84%	90%	87%	
	Potentially	Rate of potentially avoidable hospitalisations per 1000 children aged 0-14 years	48	48	48	National
	avoidable hospitalisati	Māori	56	54	55	Minimum Dataset
	ons	Pacific	71	63	66	(MOH)
		High deprivation	58	56	55	
		Percentage of children and young people (aged 15–24 years) who with high or very high levels of psychological distress in the last four-weeks (K10 = 12+)	11%	19%	24%	
		Māori	14%	26%	26%	
		Pacific	9%	24%	-	NZ Health
		Asian	-	10%	-	Survey (MOH)
		Disabled	52%	52%	72%	()
	$\sim$	Rainbow	35%	45%	40%	
	Mental	High deprivation (NZ Dep Quintile 5)	13%	20%	20%	
$\mathcal{Q}$	wellbeing	Percentage of children and young people (aged 12-18 years) who with high or very high levels of psychological distress in the last four-weeks (K6 = x+)			28%	Vouth
		Māori	1		36%	Youth Health and
		Pacific			25%	Wellbeing
		Asian		_	23%	Survey – What
		MELAA	1		44%	About Me?
		Disabled	1		56%	(MSD)
		Rainbow	1		57%	1

	Percentage of children and young people (aged 12-18 years) that in the last 12 months who have deliberately hurt themselves			34%	
	Māori	1		43%	
	Pacific	1		30%	
	Asian		-	27%	
	MELAA	1		39%	
	Disabled	1		58%	
	Rainbow	1		67%	
	Percentage of children and young people (aged 12–18 years) that in the last 12 months who have seriously thought about killing themselves			26%	
	Māori		C	38%	
	Pacific			31%	
	Asian			21%	
Self-harm	MELAA			39%	
and suicide	Disabled			49%	
	Rainbow			55%	
	Percentage of children and young people (aged 12-18 years) that in the last 12 months who have attempted suicide			12%	
	Māori			20%	
	Pacific			17%	
	Asian		-	11%	
	MELAA	1		15%	
	Disabled			26%	
	Rainbow			26%	
	Number of suicides per 100,000 children and young people (aged 15-24 years)	18	17	17	Coronial
	Māori	28	22	31	Services
	Pacific	14	17	16	(MOJ)
	Asian	6	13	7	

		Children and young people are le	arning and d	eveloping		
	Indicator	Measure	2019/20	2020/21	2021/22	Source
	2	Percentage of 3 year old children attending early childhood education for 10 or more hours a week on average	74%	68%	67%	
		Māori	62%	57%	55%	
X	Participation	Pacific	67%	57%	52%	
	in early	Low income	66%	62%	60%	Early Learning Information
	learning	Percentage of 4 year old children attending early childhood education for 10 or more hours a week on average	84%	76%	74%	System (MOE)
		Māori	68%	62%	62%	
		Pacific	74%	65%	59%	
		Low income	69%	69%	67%	

	Percentage of children and young people who are regularly attending school (6-16)	65%	61%	40%			
Regular	Māori	48%	45%	27%	School		
school	Pacific	51%	47%	28%	Attendance		
attendance	Asian	75%	75%	54%	Survey – Term 2 (MOE)		
	MELAA	-	66%	45%	2 (MOE)		
	Decile 1 School (lowest income area)	41%	43%	26%			
	Percentage of 15 year olds meeting the level 2 benchmark for reading	83%	81%				
	Māori	70%	70%				
	Pacific	66%	64%		Programme		
Literacy, numeracy,	Percentage of 15 year olds meeting the level 2 benchmark for maths	78%	78%	5	for International		
and science skills	Māori	63%	63%		Student		
SKIIIS	Pacific	58%	56%	-	Assessment 2015, 2018		
	Percentage of 15 year olds meeting the level 2 benchmark for science	83%	82%	-	(MOE)		
	Māori	70%	70%	-			
	Pacific	62%	60%	-			
Social- emotional skills	Based on aggregated survey data that measures compassion, respectfulness and trust		Notavaila	bla	Youth Health and Wellbeing Survey –		
Self- management skills	Based on aggregated survey data that measures organisation, productiveness and responsibility		Not available				
Youth participation	Percentage of young people aged 15 to 24 years who are participating in education, training, or employment	88%	88%	88%	Household		
in employment,	Māori	81%	81%	81%	Labour Force Survey (StatsNZ)		
education, or	Pacific	83%	81%	84%			
training	Asian	90%	91%	92%			

	Children and young people are accepted, respected and connected							
Indicator	Measure	2019/20	2020/21	2021/22	Source			
	Percentage of children and young people (aged 12–18 years) who agree that is easy for them to express their identity (7+/10)			67%				
	Māori			64%				
Ability to be	Pacific	_	_	70%				
themselves	Asian			66%				
	MELAA			54%	Youth Health and Wellbeing			
	Disabled			52%	Survey –			
	Rainbow			37%	What About Me?			
	Percentage of children and young people (aged 12–18 years) who feel a sense of belonging to Aotearoa/New Zealand as a whole (7+/10)			78%	(MSD)			
Sense of	Māori	_	_	83%				
belonging	Pacific			82%				
	Asian			80%				
	MELAA			72%				

	Disabled			67%	
	Rainbow	4		64%	
	Percentage of children and young people (aged 12–18 years) who report experiencing discrimination in the last 12 months			25%	
	Māori			32%	
	Pacific			32%	
	Asian	-	-	27%	
Free out on oo	MELAA			39%	
Experience of	Disabled			46%	
discriminatio	Rainbow			44%	
n	Percentage of young people (aged 18-24 years) who report experiencing discrimination in the last 12 months	20%	18%	24%	2019/20 HLFS June 2020
	Māori	29%	32%	28%	2020/21 HLFS
	Pacific	23%	20%	20%	March 2021
	Asian	-	20%	-	2021/22 GSS 2021
	Percentage of children and young people (aged 12-18 years) who experienced bullying in the last 12 months	$\langle \rangle$		37%	
	Māori			40%	
Experience	Pacific		-	28%	
of bullying	Asian			28%	
	MELAA			26%	
	Disabled			50%	
	Rainbow			48%	
	Percentage of children and young people (aged 12–18 years) who say they have an adult they could turn to if they were going through a difficult time and needed help (7+/10)			85%	
a	Māori		83%		
Social support	Pacific	-		85%	Youth Health
support	Asian			80%	and Wellbeing
	MELAA			75%	Survey – What About
	Disabled			76%	Me?
	Rainbow			78%	(MSD)
	Percentage of children and young people (aged 12-18 years) who have someone they can ask about their culture, whakapapa or ethnic group			73%	
	Māori			83%	
Support for cultural	Pacific	_	_	87%	
identity	Asian			83%	
	MELAA			82%	
		-		64%	
	Disabled				
	Disabled Rainbow			62%	
Languages		_		62% 26%	
Languages	Rainbow Percentage of children and young people (aged 12-18 years) who in everyday conversation speak a second	_	-		

Asian		58%	
MELAA		55%	
Disabled		27%	
Rainbow		25%	

Indicator	Measure	2019/20	2020/21	2021/22	Sour
	Percentage of children and young people (aged 12–18 years) who report helping others in the neighbourhood or community			47%	$\mathbf{\mathcal{P}}$
Involvement in community	Māori	_		50%	Youth He and Well
	Pacific			57%	Survey
	Asian			47%	What A Me
-	MELAA			46%	(MSE
	Disabled			44%	
	Rainbow			39%	
	Percentage of young people enrolled and voting in the New Zealand General Election	69%	78%	-	Elector Commiss
	Māori	62%	70%	-	
Representati	Average rating given for trust in parliament (aged 18- 24 years)	66%	62%	39%	2019/20 J June 20
on of young people's	Māori	53%	52%	29%	2020/21
	Pacific	60%	64%	41%	2021/22 2021 (StatsN
	Percentage of young people aged 15-24 years who are hazardous drinkers	27%	27%	24%	NZ Heal Survey (M
	Māori	36%	40%	37%	
	Pacific	36%	28%	-	
	Rainbow	31%	25%	26%	
	Disabled	-	34%	-	
	High deprivation (NZ Dep Quintile 5)	28%	35%	26%	
	Percentage of young people aged 15-24 years who smoke daily	10%	6%	6%	
Making positive choices	Māori	22%	13%	13%	
	Pacific	15%	7%	-	
	High deprivation (NZ Dep Quintile 5)	22%	12%	19%	
	Percentage of young people aged 15-24 years who use e-cigarettes daily	4%	12%	19%*	
•	Māori	6%	15%	28%	
	Pacific	-	12%	-	
	Rainbow	-	11%	25%	
	Disabled	-	24%	44%	
	High deprivation (NZ Dep Quintile 5)	6%	15%	24%	
	Percentage of young people aged 15-24 years who have used cannabis in the last 12 months	27%	30%	28%	
	Māori	36%	43%	37%	

Pacific         16%         27%         29%           Rainbow         39%         46%         47%           Disabled         41%         43%         47%           High deprivation (NZ Dep Quintile 5)         30%         35%         32%           Offending rates per 10,000 young people aged 10-17         179         162         Youth Just Indicator (MO)           Youth Just Indicator (MO)         Pacific         103         73         Youth Just Indicator (MO)	Rainbow39%46%47%Disabled41%43%47%High deprivation (NZ Dep Quintile 5)30%35%32%Criminal offendingOffending rates per 10,000 young people aged 10-17 years179162Youth Just Indicator (MOI)						
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(MOI)	(MOI)	Crimina	al years	1/9			Youth Justi
Pacific 103 73	Pacific 103 73	offendi					(MOJ)
	PROACTIVE				13	X	
	RORO			RE			

# Appendix two: Endnotes

<sup>1</sup> National population estimates: at 30 June 2022 | Stats NZ

<sup>2</sup> Statistics New Zealand and Census 2018 use total response ethnicity where people can identify with more than one ethnic group, therefore groups may sum to more than 100%

<sup>3</sup> 2018 Census ethnic group summaries | Stats NZ

<sup>4</sup> Statistics New Zealand. 2020/21 Household Economic Survey. Customised data request.

<sup>5</sup> LGBT+ population of Aotearoa: Year ended June 2020 | Stats NZ

<sup>6</sup> Life in Lockdown | Office of the Children's Commissioner (occ.org.nz)

7 State of the Generation 2021

<sup>8</sup> State of the Generation 2021

<sup>9</sup> Missing Out: Why Aren't Our Children Going to School? | Education Review Office (ero.govt.nz)

<sup>10</sup> Know Me Believe in Me. Kia mārama mai, kia whakapono mai

<sup>11</sup> Early Learning Participation | Education Counts

<sup>12</sup> NCEA 2021 attainment data released :: NZQA

<sup>13</sup> <u>Summary Report – National engagement on New Zealand's first Child Youth and Wellbeing Strategy</u> (childyouthwellbeing.govt.nz)

14 CYWS Review: Summary Report of Child and Youth Engagement, 2022

15 State of the Generation 2021

<sup>16</sup> What we heard from Rangatahi, Youth Plan Engagement, 2019

<sup>17</sup> What we heard from Rangatahi, Youth Plan Engagement, 2019

<sup>18</sup> What we heard from the Youth Sector, Youth Plan Engagement, 2019

<sup>19</sup> Ministry of Social Development, Youth Health and Wellbeing Survey, 2021 – free text field.

<sup>20</sup> Ministry of Social Development, Youth Health and Wellbeing Survey, 2021 – free text field.

<sup>21</sup> Ministry of Social Development, Youth Health and Wellbeing Survey, 2021 – free text field.

22 Project DMS, 2021

<sup>23</sup> What we heard from Rangatahi, Youth Plan Engagement, 2019

<sup>24</sup> State of the Generation 2021

<sup>25</sup> Embracing Diverse Cultures: Schools' Practice | Education Review Office (ero.govt.nz)

<sup>26</sup> What we heard from Rangatahi, Youth Plan Engagement, 2019

<sup>27</sup> What we heard from Rangatahi, Youth Plan Engagement, 2019

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<sup>29</sup> What we heard from the Youth Sector, Youth Plan Engagement, 2019.

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<sup>31</sup> COVID-19: Case demographics | Ministry of Health NZ

<sup>32</sup>Youthline sees 300pc increase in demand as young people contract Covid–19 | NZ Herald

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<sup>34</sup> Life in Lockdown | Office of the Children's Commissioner (occ.org.nz)

<sup>35</sup> Rapid Evidence and Covid-19 Youth Recovery Plan 2020-2022.pdf (hpa.org.nz)

- <sup>36</sup> Rapid Evidence and Covid-19 Youth Recovery Plan 2020-2022.pdf (hpa.org.nz)
- <sup>37</sup> Attendance Statistics | Ministry of Education NZ
- 38 Attendance | Education Counts
- <sup>39</sup> <u>Missing Out: Why Aren't Our Children Going to School?</u> | Education Review Office
- <sup>40</sup> Youth Health and Wellbeing Survey, 2021 <u>data tables</u>
- <sup>41</sup> youth19-intersectionality-report-final.pdf (myd.govt.nz)
- <sup>42</sup> youth19-intersectionality-report-final.pdf (myd.govt.nz)
- <sup>43</sup> National ethnic population projections: 2018(base)-2043 | Stats NZ
- 44 Māori Language in Schooling | Education Counts)
- <sup>45</sup> <u>youth19-intersectionality-report-final.pdf (myd.govt.nz)</u>
- <sup>46</sup> 2018 Census ethnic group summaries | Stats NZ
- <sup>47</sup> Pacific-Peoples-in-Aotearoa-Report.pdf (mpp.govt.nz)
- <sup>48</sup> <u>2018 Census ethnic group summaries | Stats NZ</u>
- <sup>49</sup> Ministry for Pacific Peoples All-of-Government Pacific Wellbeing Strategy (mpp.govt.nz)
- <sup>50</sup> <u>Talanoa series | Ministry for Pacific Peoples</u>
- <sup>51</sup> Talanoa series | Ministry for Pacific Peoples
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- <sup>53</sup> 2018 Census ethnic group summaries | Stats NZ
- <sup>54</sup> 2018 Census ethnic group summaries | Stats NZ
- <sup>55</sup> <u>Summary Report National engagement on New Zealand's first Child Youth and Wellbeing Strategy</u> (childyouthwellbeing.govt.nz)
- <sup>56</sup> LGBT+ population of Aotearoa: Year ended June 2021 | Stats NZ
- <sup>57</sup> Youth Health and Wellbeing Survey, 2021 <u>data tables</u>
- <sup>58</sup> <u>Publications Identify Survey because diversity counts</u>
- <sup>59</sup> Youth Health and Wellbeing Survey, 2021 <u>data tables</u>
- <sup>60</sup> <u>Publications Identify Survey because diversity counts</u>
- <sup>61</sup> Statistics about how we work with children | Oranga Tamariki Ministry for Children
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- <sup>63</sup> Our Kind of School | Office of the Children's Commissioner (occ.org.nz)
- 64 Final Evaluation Report: Mana Ake Stronger for Tomorrow | Ministry of Health NZ
- <sup>65</sup> New Zealand Health Survey | Ministry of Health NZ
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<sup>74</sup> The Youth19 Research Group, The University of Auckland and Victoria University of Wellington, New Zealand. Youth19 Rangatahi Smart Survey. Customised data request.

<sup>75</sup> <u>He taonga te tamaiti | Every child a taonga</u>

<sup>76</sup> Early Childhood Education Participation Intensity Measure: 30 June 2022 results (educationcounts.govt.nz)

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<sup>78</sup> Education For All Our Children: Embracing Diverse Cultures – Draft for consultation | Education Review Office (ero.govt.nz)

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- 83 Indicator-School-leaver-destinations-2021 FINAL.pdf (educationcounts.govt.nz)
- <sup>84</sup> Our Kind of School | Office of the Children's Commissioner (occ.org.nz)
- <sup>85</sup> Wellbeing statistics: 2021 | Stats NZ
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